

Shore Excursions

Miami, Florida to Miami, Florida

VISTA — April 08, 2025

EXPLORE ASHORE

Oceania Cruises shares your passion for new discoveries and that has led us to create award-winning shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore human-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Reasons to book - Enjoy peace of mind knowing that your excursions are monitored by the ship's staff and start pierside for your security and convenience. Professional English-speaking experts guide you through your journey. A staff of experienced excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured tour companies aboard the best available, climate-controlled luxury transportation. Plus, your excursion price is guaranteed from the moment you book with no penalty on cancellations up to embarkation day.

PACKAGES & PRICING

Your voyage offers the pricing options below.

À La Carte Excursions

Individual à la carte excursions are available for pre-purchase. Reserving in advance gives you the peace of mind knowing that your excursions have been pre-arranged and pre-reserved prior to your arrival.

Oceania Select Excursions - While all of the shore excursions offer extraordinary experiences, some are so outstanding and so awe-inspiring that they merit special recognition. These tours are designated as Oceania Select excursions and offer unique, one-of-a-kind experiences to the passionate explorer wishing to delve even deeper into a region's culture and history.

Oceania Exclusive Excursions - For those travelers who prefer an added measure of privacy, intimacy and flexibility, we also offer our Oceania Exclusive excursions. With a minimum participation of 10 guests, and never more than 16, these excursions benefit from a higher level of personal attention and detail only possible in small groups.

Your World Collection Package

This package is not available for this voyage.

BOOK YOUR SHORE EXCURSIONS

If you purchase a shore excursion package, you also receive priority confirmation of your selections. This added benefit is especially appealing if you wish to ensure that you have a place on the most popular tours in marquee cities such as Santorini, Rome, Bordeaux and Istanbul, to name a few.

All excursion packages have the added convenience of being fully refundable until sail date and must be purchased in advance of sailing to enjoy the maximum savings. Packages will be non-refundable thereafter. À la Carte excursions will remain fully refundable up until 36 hours before the excursion. You may pre-purchase shore excursions up until 7 days prior to your sail date.

OceaniaCruises.com - OceaniaCruises.com offers a wealth of information about your cruise. Learn about and purchase shore excursions, select pre- and post-cruise hotel programs, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. All shore excursions purchased online receive priority processing and guaranteed acceptance.

To book your shore excursions, visit [OceaniaCruises.com/myaccount](https://www.oceaniacruises.com/myaccount) or call Oceania Cruises 855-OCEANIA (855-623-2642).

THROUGHOUT THE FOLLOWING PAGES, YOU WILL FIND SYMBOLS WITH EACH DESCRIPTION TO ASSIST YOU IN CHOOSING THE SHORE EXCURSION THAT IS RIGHT FOR YOU:

Minimal activity	Moderate activity	Oceania Exclusive	Beyond Blueprints	Go Green
Easy activity	Strenuous activity	Oceania Select	Culinary Discovery	Go Local
Evening excursion	Meal included	ADA Accessible	Food & Wine Trails	Wellness Tour

St. John's, Antigua

SJH-010 SWIM WITH THE STINGRAYS

Date: Apr 11, 2025 Time: 10:15 AM

Duration: 3.00 Hrs Price: \$135.00



OVERVIEW

Interact with friendly southern stingrays in their natural environment as they swim around you and even brush up against your body. You will reach the venue Stingray City aboard a small boat and then attend an enlightening orientation on how to make the most of your experience. Once you enter the crystal-clear water, you may swim with the stingrays or simply stand in the shallower areas and interact with these gentle marine creatures. Southern stingrays have flat, diamond-shaped bodies and are typically about 3 to 4 feet across. They often eat shellfish and worms, which they uncover on the sandy ocean floor by waving their "wings." A stingray wrangler will be on hand to offer tips on how best to interact with the stingrays and even feed them.

HIGHLIGHTS

- Swim with southern stingrays in their natural environment.
- Interact with the stingrays and feed them, if you like.
- Ask the stingray wrangler for tips on how best to enhance the experience.
- Learn about stingray behavior that dispels myths about them.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit and suitable beach shoes.
- Bring a towel and a change of clothes.

PLEASE NOTE

This tour includes limited walking; however, the surface underwater will be sandy and uneven. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Guests must be able to enter and exit the boat with limited assistance and climb the ladder between the boat and the water. Those participating in water activities do so at their own risk and responsibility. There are restrooms, showers and changing areas at the Stingray City Clubhouse. If you wish to purchase souvenirs or photos of the experience bring cash or a credit card. Participants must be at least 5 years of age; children under 8 years of age must be accompanied by an adult parent or guardian.

SJH-003 DICKENSON BAY BEACH BREAK

Date: Apr 11, 2025 Time: 11:30 AM

Duration: 4.00 Hrs Price: \$85.00



OVERVIEW

Enjoy a relaxing day doing whatever you please at Coconut Grove Beach, one of the most beautiful stretches of sand on Antigua's northwest coast. It won't take long to reach the beach, which rims a sheltered cove. You might stretch out in the sun, relax in the shade of gently swaying palm tree and stroll along the edge of the beach as the waves lap at the shore. You will enjoy more than three hours basking in the carefree atmosphere, so you won't feel rushed as you while away the time. An Antiguan-style rum punch will be provided and an excellent beachfront restaurant is just a few steps away if you wish to order lunch on your own. When it's time to return to the ship, you should be thoroughly relaxed and refreshed.

HIGHLIGHTS

- Spend hours on one of the finest beaches on Antigua's northwest coast.
- Enjoy your time swimming, sunning, reading or doing whatever else you want.

- Revel in the carefree atmosphere with nothing on your mind but relaxing.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and appropriate beach shoes.
- Bring a towel and a change of clothes.

PLEASE NOTE

This tour includes limited walking, mainly at the guests' discretion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their personal level of stamina and ability before joining the tour. Guests participating in water activities do so at their own risk and responsibility. Beach chairs & umbrellas are available on a first come first serve basis. Umbrellas are at an additional cost.

SJH-009 CHAMPAGNE & LOBSTER CATAMARAN CRUISE

Date: Apr 11, 2025 Time: 11:30 AM

Duration: 6.00 Hrs Price: \$149.00



OVERVIEW

Sail in a sleek catamaran along Antigua's beautiful west coast to Deep Bay Beach, a well-protected crescent-shaped stretch of sand where you will spend an hour or so relaxing. Along the way, you will pass a number of other idyllic bays and the ruins of Fort Barrington, a stronghold built in the 18th century to protect the approach to St. John's harbor. Upon arriving at the beach, you will be free to swim in the turquoise seas, bask in the sun and stretch out under a palm tree and watch the world go by. The party will begin in earnest on the return cruise, as the champagne will be flowing and succulent grilled lobster will be served for lunch. To enhance the atmosphere, music will be playing in the background, most likely the light-hearted calypso-style music that is wildly popular on Antigua.

HIGHLIGHTS

- Enjoy a relaxing and immensely scenic cruise on a well-appointed catamaran.
- Pass hilltop Fort Barrington, which the British built in the late 18th century.
- Spend about an hour doing whatever you please at beautiful Deep Bay Beach.
- Sip champagne and dine on grilled lobster on the return to St. John's.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit and suitable beach shoes.

PLEASE NOTE

This tour includes limited walking, mainly at the guests' discretion; however, the surfaces at the beach will be sandy and uneven. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their personal level of stamina and ability before joining the tour. Guests must be able to enter and exit the catamaran with limited assistance. Guests participating in water activities do so at their own risk and responsibility. Restrooms and changing rooms are available aboard the catamaran. Guests must be at least 21 years of age to consume alcoholic beverages.

SJH-012 A TASTE OF ANTIGUA

Date: Apr 11, 2025 Time: 11:30 AM

Duration: 2.25 Hrs Price: \$105.00



OVERVIEW

Visit a characteristic rum shack in town, where you will learn about the history of rum distilling on Antigua and sample several varieties of the spirit that will be paired with classic Caribbean dishes. The venue is located on

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

Sir Vivian Richards Street, which is named for the famed cricketer and Antiguan national hero, who was born here. Rum may be just as popular as Sir Vivian, as you will discover by tasting a selection of signature Antiguan rums. All the while, your hosts will entertain you with anecdotes about the role that rum has played on the island throughout history. As a complement to the tasting, you will dine on dishes that may include conch fritters, jerk chicken, fish fingers and crab cakes, all prepared with local ingredients. Don't be shy about asking for the recipes; the hosts will be happy to share them.

HIGHLIGHTS

- Savor a sampling of Antiguan rums at a local rum shack.
- Hear amusing anecdotes and stories about rum production on Antigua.
- Dine on Antiguan dishes that pair perfectly with your rum samples.
- Bring home the recipes for your favorite Antiguan dishes.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There is no wheelchair storage on the vehicles. Guests should be 18 years of age or older to participate in this tour.

SJH-014 WALKING TOUR OF ST JOHN'S

Date: Apr 11, 2025 Time: 11:30 AM
Duration: 2.50 Hrs Price: \$69.00



OVERVIEW

Stroll through downtown St. John's, following a route that the Museum of Antigua and Barbuda has prepared, which ensures that you will see the most historically significant landmarks. The city has retained much of its original layout and is full of magnificent Georgian, Victorian and West Indian vernacular homes. Along the way, the guide will point out architectural features such as lattice work, fretwork patterns and louvered Demerara windows designed to cool the interiors. You can also expect to see the 19th-century Ebenezer Methodist Church and the Cenotaph war memorial that honors soldiers killed in the World Wars. You will also have the opportunity to browse the exhibits in the Museum of Antigua and Barbuda with the curator, who will elaborate on the significance of artifacts ranging from prehistoric pottery and tools to rare hand-carved canoes.

HIGHLIGHTS

- Walk through Antigua's capital, which has preserved its original 17th-century layout.
- Notice the remarkably diverse architecture that goes well beyond West Indian vernacular.
- Pass religious landmarks and a somber war memorial.
- Browse the Museum of Antigua and Barbuda with the curator using the Whisper Radio Guide.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

Please note: This tour includes approximately 2 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

SJH-020 BLUE WATERS RESORT BEACH RETREAT

Date: Apr 11, 2025 Time: 11:30 AM
Duration: 6.00 Hrs Price: \$369.00



OVERVIEW

Spend hours luxuriating at the Blue Waters Resort & Spa, a 4-star waterfront property near Antigua's northernmost point. It won't take long to reach this tropical oasis on Soldiers Bay, leaving you all the more time to enjoy the amenities. Most everything you could possibly need will be included and at your fingertips. Feel free to relax on the two beaches, stretch out on a blanket in the sun, lie back in a comfortable lounge chair and take a refreshing swim in the sea. There are also three swimming pools—one that is family-oriented, a second for adults only and another that's right next to the beach. If you love watersports, you will be free to kayak, windsurf and snorkel. All complimentary. The same holds true for lunch, including drinks, as an open bar is included. Without a care in the world, you can concentrate on enjoying each moment to the fullest.

HIGHLIGHTS

- Spend the day at Blue Waters Resort & Spa, enjoying the amenities however you wish.
- Relax on the beaches, swim in the three pools and bask in the sun. It's up to you.
- Enjoy that everything is included: lunch, drinks, nonmotorized watersports and more.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Bring a swimsuit, towel and sunscreen.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There is no wheelchair storage on the vehicles. The hotel has a minimum age policy of 16 years of age.

SJH-025 MONTSERRAT VOLCANO HELICOPTER TOUR

Date: Apr 11, 2025 Time: 11:30 AM
Duration: 1.75 Hrs Price: \$489.00



OVERVIEW

Behold the breathtaking beauty of the still-active Soufriere Hills volcano on neighboring Montserrat from a helicopter with tiered seating that ensures a great view. As you fly high above the turquoise sea between the islands of Antigua and Montserrat, the pilot will describe the devastation from the volcano since 1995, when it erupted for the first time in centuries. The volcano eventually buried the capital of Plymouth in ash and forced it to be abandoned. Much of southern Montserrat lies within the Exclusion Zone, an area that is considered too hazardous to enter except by flying overhead. From the comfort of the helicopter, you will enjoy a literal bird's-eye view of the Exclusion Zone, the volcano and the destruction from past eruptions. Few experiences are quite so memorable. Be sure keep looking down on the way to and from Montserrat as whales and sea turtles are often spotted.

HIGHLIGHTS

- Observe a still-active volcano on Montserrat from high above in a helicopter.
- See the widespread destruction that the volcano's past eruptions have caused.
- Look for whales and sea turtles in the waters between Antigua and Montserrat islands.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

SJH-026 ANTIGUA FULL ISLAND HELICOPTER TOUR

Date: Apr 11, 2025 Time: 11:30 AM
Duration: 1.50 Hrs Price: \$349.00



Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

OVERVIEW

Fly high over Antigua in a helicopter with tiered seating that offers sweeping views of the island's attractions. Along the way, the pilot will point out the most noteworthy landmarks and provide enlightening commentary. As you soar along the coast, you will see countless beaches, your cruise ship, superyachts anchored in Falmouth Harbour and the Shirley Heights Lookout that marks the island's southernmost point. Nearby, you will spot Cade's Reef, Rendezvous Bay and Nelson's Dockyard Village, a fully restored 18th-century naval base that is so historically important that UNESCO declared it a World Heritage site. Along the western shore of Antigua, you can expect to see the villages of Five Islands and Jolly Harbour. To the north lies the avian sanctuary Great Bird Island and diminutive Prickly Pear Island, while gorgeous Half Moon Bay is one of the highlights near the eastern tip of Antigua. This helicopter adventure will offer a wonderful view of the entire island.

HIGHLIGHTS

- Enjoy sweeping views of Antigua from a helicopter with tiered seating and large windows.
- Circumnavigate the entire island and come away with a genuine feel for the lay of the land.
- See historical attractions, pristine beaches, secluded coves and a bird sanctuary.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

SJH-027 ANTIGUA BY AIR, LAND & SEA

Date: Apr 11, 2025 Time: 11:30 AM
Duration: 4.50 Hrs Price: \$389.00



OVERVIEW

See Antigua from every possible perspective, beginning with an exhilarating helicopter ride high above the island's western shore. During the flight, you will enjoy a bird's-eye view of St. John's and two 18th-century forts, only one of which saw military action. You will also pass over your cruise ship and several landmark hotels along the waterfront. A scenic drive to the island's southern shore will bring you to Nelson's Dockyard, a fully restored 18th-century naval base that is so historically important that UNESCO declared it a World Heritage site. Following free time there, you will board a boat for an enlightening cruise around English Harbour. The guide will point out and describe the historical highlights and the spectacular coastal rock formations known as the Pillars of Hercules. Back on shore, you will drive to Shirley Heights, a former military lookout and gun battery that still offers magnificent views of English and Falmouth harbours.

HIGHLIGHTS

- Fly high above St. John's and Antigua's western shore in a helicopter.
- Drive through the island's picturesque interior to the southern coast of Antigua.
- Spend free time exploring Nelson's Dockyard, a UNESCO World Heritage site.
- Hear enlightening commentary as you cruise around English Harbour.
- Admire the views from atop the lookout at Shirley Heights.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

SJH-029 CARIBBEAN COOKING CLASS

Date: Apr 11, 2025 Time: 11:30 AM
Duration: 4.00 Hrs Price: \$299.00



OVERVIEW

Participate in a hands-on cooking class at an exclusive boutique hotel and dine on the delicious meal that you have prepared. The venue for this culinary experience will be the Villas at Sunset Lane, a serene setting on a hillside that overlooks Dickenson Bay. After a welcoming rum punch, you will meet the hotel owner, who is also the executive chef and highly creative with regard to Caribbean-Fusion cooking. The exact dishes that you will create will depend on what locally sourced ingredients are freshest. As the meal is comprised of three courses, there are plenty of possibilities ranging from jerk pork with peas and rice to sautéed shrimp with braised cabbage. You may even prepare Antigua's national dish, fungee and pepperpot, which is a polenta-like cornmeal served with a flavorful stew. Once your concoctions are ready, you will enjoy them for lunch along with a glass of wine or two.

HIGHLIGHTS

- Learn to prepare Caribbean-Fusion dishes in a hands-on cooking class at a boutique hotel.
- Gain an understanding of the many cultures that have influenced Antiguan cuisine.
- Dine on the 3-course meal that you have prepared with the executive chef's assistance.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

SJH-011 HISTORICAL ISLAND DRIVE & BEACH BREAK

Date: Apr 11, 2025 Time: 12:00 PM
Duration: 4.50 Hrs Price: \$125.00



OVERVIEW

Discover Antigua's fascinating history through some of the island's most notable landmarks and then relax at a beach within a national park. As you drive inland, you will pass through villages of West Indies-style chattel houses that present an authentic view of daily life. More sweeping vistas await you at the Shirley Heights Lookout, Antigua's southernmost point. If it is a clear day, you might spot the volcanic island of Montserrat on the horizon. Nearby, you will find Nelson's Dockyard Village, a fully restored 18th-century naval base, where you will enjoy a drink in an historical inn and perhaps browse the museum. A short drive later, you will arrive at Pigeon Point Beach, a lovely stretch of sand where you will spend an hour doing whatever you please. You might swim in the Caribbean, bask in the sun and relax in the shade and gaze out over one of the most idyllic spots on Antigua. While there are no beach chairs or umbrellas available at this public beach, there are naturally shaded areas for those who wish to stay out of the sun. The beach is also equipped with restrooms, changing rooms and freshwater showers.

HIGHLIGHTS

- See historical attractions and the island's stunning natural beauty.
- Drive through villages with characteristic West Indies-style architecture.
- Pause for a drink at a charming inn at trendy Nelson's Dockyard Village.
- Relax at popular Pigeon Point Beach, passing the time as you see fit.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel if you wish to swim.

PLEASE NOTE

This tour includes about 90 minutes of easy to moderate walking and standing with some steps, uneven surfaces and sand to negotiate. While the tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

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Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

have an able-bodied companion to assist them, only Dow's Hill Fort and Nelson's Dockyard are wheelchair accessible. Those with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Guests taking part in water activities do so at their own risk and responsibility.

SJH-004 ISLAND SAFARI AND BEACH

Date: Apr 11, 2025 Time: 12:30 PM
Duration: 3.50 Hrs Price: \$99.00



OVERVIEW

Ride off to the wild southwestern side of the island in a custom-built Jeep® made for off-road adventure. You won't need to travel far beyond St. John's to reach terrain that most vehicles can't even begin to negotiate. On the way to Buckley's Village, you will travel along back roads and make your own roads whenever possible. The landscape will become even more undeveloped in Body Ponds, a rutty watershed full of mud holes and rugged land that is ideal for an exhilarating off-road journey. Be assured that you won't be disturbing the environment, as the driver knows exactly which areas and ecosystems to avoid. You will also drive down Fig Tree Drive as it winds through a rainforest on the way to a pristine beach on the island's southern shore, where you will have time to relax before heading back.

HIGHLIGHTS

- Travel along Antigua's winding back roads and off road whenever possible.
- Sit back, relax and take in the scenery, as your guide will do all the driving.
- Drive through a rainforest and lush watershed.
- Cool off with a refreshing swim in the Caribbean.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

Guests will ride in the Jeep, not drive it. Lounge chairs are available on first-come first-serve basis at extra cost & not included in the tour. Umbrellas are not available at the beach.

SJH-015 PHOTOGRAPHIC TOUR OF ANTIGUA

Date: Apr 11, 2025 Time: 12:30 PM
Duration: 4.00 Hrs Price: \$165.00



OVERVIEW

Venture to some of Antigua's most photogenic locations with a professional photographer, who will offer tips on how best to capture the images with your camera. Your first stop will be Fort James, an 18th-century fortress that overlooks the harbor and your cruise ship. Stepping even further back in time, you will then snap photos of a 17th-century plantation that was the first of its kind on Antigua. The two historical sugar mills on the property are particularly worth shooting. The subject matter will change to natural beauty at Devil's Bridge, a coastal rock formation that spans the head of Indian Creek. Here, the photographer can help you capture the spewing blow holes at just the right moment. Another natural wonder awaits you at Long Bay Beach, a lovely stretch of sand rimmed by water so impossibly turquoise that your pictures of it will look as if they have been digitally altered.

HIGHLIGHTS

- Capture images of some of Antigua's most photogenic spots.
- Use tips from a professional photographer guide to maximize your pictures.
- Shoot landmarks of historical importance such as the island's first large

plantation.

- Snap photos of Antigua's coastal beauty, including blow holes and beaches.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There is no wheelchair storage on the vehicles. This tour includes approximately 3 hours of walking. It is not available to guests who utilize a wheelchair due to the uneven ground at most stops. Photographer will give personalized advice based on each guest query. This is not a photographic class.

SJH-028 CHAMPAGNE & PINEAPPLE CATAMARAN

Date: Apr 11, 2025 Time: 01:00 PM
Duration: 2.75 Hrs Price: \$109.00



OVERVIEW

Cruise along the alluring northwestern coast of Antigua in a sleek catamaran and pause along the way to snorkel in the crystal-clear waters. As you leave the sheltered harbor, one of the first sights will be Fort James, an 18th-century stronghold that overlooks a beautiful sugar-white beach. Afterwards, the captain will stop in an area likely teeming with marine life. If you choose to snorkel, you may spot species such as rainbow parrotfish, tiger groupers and French grunts. The water can be stunningly clear, allowing you to easily make out the wonders beneath the surface. A light buffet lunch will be served on board, along with champagne and most any other beverage from the open bar. In time, the catamaran will beach on a gorgeous stretch of sand so you can relax, stroll along the shore and take a refreshing swim.

HIGHLIGHTS

- Admire the gorgeous tropical scenery while cruising off Antigua in a catamaran.
- Pause to snorkel in the spectacularly transparent turquoise waters just off shore.
- Relax on one of the most beautiful beaches along Antigua's northwestern coast.
- Enjoy a light lunch and an open bar offering champagne and other beverages.

HELPFUL HINTS

- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Bring your own snorkel gear
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour requires a moderate to strenuous amount of activity and participants should be in good physical condition and be able to swim. Snorkeling equipment is not provided, guests must bring their own. During the beach stop guests must use a ladder at the front of the catamaran to get off and back to the boat. Tour participants taking part in any water activities do so at their own risk and responsibility.

SJH-001 BEST OF ANTIGUA

Date: Apr 11, 2025 Time: 01:30 PM
Duration: 3.50 Hrs Price: \$125.00



OVERVIEW

Travel around Antigua, taking in the natural beauty and visiting must-see landmarks that showcase the island's history, architecture and culture. Before leaving town, you will stop at the Dow's Hill Interpretation Center to

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

watch a short but enlightening multimedia show and then pause for photos at the blockhouse that served as a lookout for the British in the 18th century. As you might imagine, the views will be spectacular and you may spot musician Eric Clapton's home below. Continuing on, you will pass through traditional villages of West Indies-style chattel houses and smallish plazas that present an authentic view of daily life. More sweeping vistas await you at the Shirley Heights Lookout, Antigua's southernmost point. Nearby, you will find Nelson's Dockyard Village, a fully restored 18th-century naval base where you will enjoy a drink in an historical inn. Afterwards, you will still have time to admire the sleek yachts while meandering around the marina and shops.

HIGHLIGHTS

- Admire the views from a hilltop where the British manned a lookout in the 18th century.
- Drive through villages with characteristic West Indies vernacular architecture.
- Enjoy other scenic views from the overlook at Antigua's southernmost point.
- Linger over a drink at a charming inn and then browse the shops nearby.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

A wheelchair is allowed if it is collapsible and the guest can walk up or down the steps to the bus. Only Dow's Hill and Nelson's Dockyard are accessible by wheelchair.

SJH-021 CATAMARAN SUNSET CRUISE

Date: Apr 11, 2025 Time: 04:00 PM
Duration: 2.50 Hrs Price: \$105.00



OVERVIEW

Cruise the turquoise waters of the Caribbean on a sleek catamaran as the sun slowly slips into the sea. St. John's is on the western shore of Antigua, so it won't be long before the catamaran is beyond the sheltered waters of Deepwater Harbour and offering unobstructed views of the setting sun. The best place to watch this natural spectacle is on the open deck while comfortably lounging with a welcome cocktail in hand. Few experiences are quite so relaxing and breathtaking, as the skies will surely be ablaze in every imaginable shade of red, orange and yellow. Don't just look west, as the lights will be coming on in St. John's and in the residences clustered along the coast. With the city lights twinkling on shore and the sun majestically setting at sea, it will be quite the sight in every direction.

HIGHLIGHTS

- Cruise a catamaran into the open sea for the absolute best view of the setting sun.
- Relax on deck with a cocktail in hand and take in the natural spectacle.
- See St. John's from a different perspective as the city lights come on.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes minimal walking and is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and tour vessel and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

Castries, St. Lucia

STL-001 LAND AND SEA TO SOUFRIERE

Date: Apr 12, 2025 Time: 10:30 AM
Duration: 7.50 Hrs Price: \$149.00



OVERVIEW

Enjoy a panoramic tour of Castries before heading south to see more highlights in Soufriere, a colonial town in the shadow of the island's iconic Pitons. As you drive through the capital of St. Lucia, you will pass landmarks such as Castries' beautifully ornate central library and bustling Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. You will then follow a winding coastal road through fishing villages and past banana plantations on the way to Soufriere. Your first stop will be the Diamond Botanical Gardens, a peaceful retreat that occupies an idyllic spot on the site of a therapeutic spring bath built in 1784 for the troops of King Louis XVI. The grounds are still restorative. You will also visit Morne Coubaril, the island's oldest French Creole estate, where you will enjoy a buffet lunch before cruising back to Castries on a catamaran.

HIGHLIGHTS

- See Castries' highlights, including a square named for St. Lucia's Nobel Prize winner.
- Pause atop the former military post Morne Fortune and take in the views of Castries.
- Marvel at the spectacular coastal scenery on the way to Soufriere.
- Meander through a wonderfully serene botanical garden.
- Savor a buffet lunch of Caribbean classics at the island's oldest French Creole estate.
- Return to Castries on a catamaran, pausing along the way for a refreshing swim.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

This tour includes about 2½ hours of moderate walking, at times over uneven, gravel and dirt surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour, as there is a significant amount of physical activity. Guests participating in water activities do so at their own risk and responsibility. Maximum weight suggestion is 250 pounds. The order of sites viewed or visited may vary. Menu items are subject to change.

STL-003 4X4 BEACH SAFARI

Date: Apr 12, 2025 Time: 10:30 AM
Duration: 4.00 Hrs Price: \$89.00



OVERVIEW

Take off from Castries in a 4x4 vehicle, enjoying the ride as the driver/guide drives through the countryside while providing entertaining commentary along the way. Although you will see some of the highlights in St. Lucia's capital city, the best view may be from just outside the city limits, atop Morne Fortune. From this former military outpost that once boasted two forts, you will gaze out over the Castries and the turquoise seas beyond. You will then head inland, following a rugged route through traditional villages such as Ti-Rocher, Destrameaux and Balata. In time, you will arrive at one of the most spectacular beaches on the island's eastern

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

shore. With no schedule to follow, you can relax however you see fit. Don't miss the opportunity to swim though, as the waters here are absolutely gorgeous.

HIGHLIGHTS

- Ride in a 4x4 vehicle through some of the most remote and scenic areas of St. Lucia.
- Take in the sweeping view of Castries and its harbor from the Morne Fortune hilltop.
- Drive off road through the lush jungle and through several inland villages.
- Relax on one of the most idyllic beaches on St. Lucia's eastern coast.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

This is not a self-driving tour; a driver is provided. Beach chairs are not included in this tour, but are available for rental.

STL-005 SNORKEL AT MARINE PARK

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 3.00 Hrs Price: \$79.00



OVERVIEW

Cruise along St. Lucia's beautiful northwestern coast to Marine Park, an extraordinary site for snorkeling. Although the trip there will be magnificently scenic, few sights compare to the park's underwater wonders. The labyrinth of shallow reefs and coral heads provide habitats for all sorts of brightly colored tropical fish including French grunts, goatfish, jacks and snappers. You may also spot sea urchins, starfish and occasional octopuses tucked away in the rocks and crevices. Flying gurnards are especially fascinating, as these bottom dwellers typically expand their fins like wings to scare off predators. You won't have to snorkel the entire time, as you can always rest aboard the boat or relax on the beach. As you make your way back, refreshments will be served on board.

HIGHLIGHTS

- Cruise to a marine park that is absolutely teeming with tropical fish.
- Snorkel along the shallow reefs and coral heads, looking for marine life other than fish.
- Relax onboard or swim over to the beach, if you prefer not to snorkel the whole time.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

Participants must be competent swimmers and sign a liability waiver. Those taking part in water activities do so at their own risk and responsibility. This tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Snorkeling equipment is available on board.

STL-007 ISLAND SPLENDOR

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 3.50 Hrs Price: \$59.00



OVERVIEW

Settle in for a rambling drive through the countryside that presents the island's natural beauty and architectural charms. It won't take long to reach La Toc Battery, a 19th-century fort built to protect St. Lucia's vital coal

stations. It is an intriguing site with many of its tunnels, shell lifts and ventilation shafts still intact. Driving on, you will enter a bucolic landscape of banana plantations tucked between undulating hills before passing through the rustic village of Anse La Raye. Continuing on, you will soon arrive at Marigot Bay, a tranquil blue lagoon that the surrounding hills shelter, making it an ideal natural yacht harbor. On the return to Castries, you will pause for snacks and a beverage at St. Marks, a grand colonial-era house that overlooks the harbor.

HIGHLIGHTS

- Enjoy a panoramic drive through the most scenic areas on St. Lucia's western shore.
- Explore the remains of the 19th-century fort La Toc Battery.
- Marvel at the sweeping seaside views that capture the splendor of St. Lucia.
- Snack on Caribbean treats at a beautiful colonial house overlooking Castries' harbor.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There are steps at La Toc Battery and St. Marks. Menu items are subject to change. Guests must be able to get on & off the buses and there are 5 steps leading up to St. Mark's and approximately 10 steps at La Toc Battery.

STL-008 THE TREE TOP ADVENTURE

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 4.00 Hrs Price: \$129.00



OVERVIEW

Race through a rainforest canopy on an exhilarating zip line while admiring the tropical countryside from a unique vantage point high above the forest floor. Upon arriving at Errard Estate in the heart of the lush rainforest, you will receive a brief orientation on zip lining to maximize the experience. Then, the real fun will begin. The zip line features nine wooden platforms in the trees, all at different heights. During stops, the guides will prepare you for the next thrilling leg of the journey and describe the most fascinating sights along the way. If you are interested in the vegetation that you are zip lining through, the guides will be happy to describe the rainforest flora in detail. At the end of the zip line adventure, you will follow a nature trail back to the welcome center for a refreshing drink.

HIGHLIGHTS

- Tear through the tree canopy while safely harnessed on a zip line.
- Observe the gorgeous surrounding landscape from high above the forest floor.
- Listen to commentary from the guides, while pausing on the platforms between zip lines.

HELPFUL HINTS

- Dress in weather-appropriate clothing, including long pants.
- Wear flat comfortable walking shoes with closed toes.

PLEASE NOTE

PLEASE NOTE This tour is not available to wheelchair guests, those with mobility concerns, pregnant women or guests with heart problems, asthma, epilepsy, or recent back or neck injuries. No one under the influence of alcohol or drugs may participate. Participants must weigh no more than 250 pounds and be no taller than 6'2". Participants may have to sign a liability waiver.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

STL-009 A PANORAMIC VIEW OF ST. LUCIA

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 3.25 Hrs Price: \$79.00



OVERVIEW

Admire the striking natural beauty of St. Lucia on a meandering panoramic ride with occasional stops at the most scenic viewpoints. From atop Morne Fortune, you will enjoy a sweeping view of Castries. Ironically, Morne Fortune means “hill of good luck,” but it was the site of numerous horrific battles between French and English troops. Another stop will be made at Caribelle Batik, where you will watch artists creating one-of-a-kind fashions using hot wax and colorful dyes. Still, it is the scenic beauty of St. Lucia that captures so many hearts, as you will discover firsthand from the overlook at La Guerre, which was once the island’s largest banana plantation. Later, while meandering through the gardens at Stony Hill with the estate’s owners, you will hear about the joys of living in the tropics.

HIGHLIGHTS

- Enjoy some of the island’s most picturesque views from hilltop lookouts.
- Discover the intriguing history behind the sites that you visit.
- Tour an estate with its owners, as they describe life on St. Lucia.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes a limited amount of walking and steps; however, the sites are not wheelchair accessible and therefore the tour is not considered suitable for wheelchair guests.

STL-013 ST. LUCIA TROLLEY TRAIN

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 1.50 Hrs Price: \$49.00



OVERVIEW

Ride the Hibiscus Trolley Train through Castries as the guide regales you with entertaining stories of the capital city’s history and architectural highlights. Although the exact route will depend on the traffic conditions, you can expect to pass the bustling craft market, beautiful colonial government buildings and Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. The highlight will be visiting the Cathedral of the Immaculate Conception, the largest church in the Caribbean when it was completed in 1897. Be sure to look above the altar, where you will see a representation of St. Lucia, the island’s patron saint. She died in 304 A.D., the victim of Christian persecution during the reign of Roman emperor Diocletian. Following the city tour, you will enjoy a bit of free time at the beach where you can enjoy a complimentary rum or fruit punch.

HIGHLIGHTS

- See the highlights in Castries from the comfort of an open-air trolley train.
- Hear about notable local figures such as Derek Walcott, a Nobel Prize-winner in 1992.
- Visit the cathedral that was the largest of its kind when completed in 1897.
- Relax at the beach toward the end of the sightseeing tour.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

PLEASE NOTE

Sun chairs and umbrellas are not included at the beach. Transfer times may vary due to traffic conditions. Bathing suits can’t be worn in the

church.

STL-014 RAINFOREST AERIAL TRAM

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 3.50 Hrs Price: \$179.00



OVERVIEW

Ride through and above the rainforest on an aerial tram that presents a 360° bird’s-eye view of the island’s natural beauty. The tram takes off in the heights of the old-growth rainforest and soars even higher, well into the tree canopy in certain areas and even above the trees elsewhere. Along the way, the guide will point out the highlights and provide enlightening commentary about the flora and fauna. The rainforest is one of the few places on the island where you will find the endemic St. Lucia parrot, which is known locally as the jacquot. You might also spot a number of grommier trees, whose wood the Carib Indians originally used for hand-carved dugout canoes. If you see bursts of color in the dense foliage, chances are, it will be flowers such as lavender stars and white lace. At the end of your Tram Ride, there is an optional walk through the beautiful Hummingbird Garden.

HIGHLIGHTS

- Glide through the rainforest canopy comfortably seated in an aerial tram gondola.
- Listen to enlightening descriptions of the flora and fauna living in the rainforest.
- Look for the endemic St. Lucia parrot, the country’s national bird.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

A restaurant and a snack bar are available for dining on your own. Guests are required to sign a waiver in order to participate. The walk through the Hummingbird Garden is approximately 15 to 20 minutes and guests will be walking on uneven terrain, small garden stones and would have to climb approximately 25 to 30 steps. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

STL-015 SKY CANOPY & AERIAL TRAM

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 5.00 Hrs Price: \$199.00



OVERVIEW

Ride an aerial tram high into the rainforest canopy and then descend by zip line, an exhilarating way to soar through the trees like a bird. Even the drive to the eco-park will be scenic, as you will pass through traditional inland communities such as Babonneau and Fond Assau. Once you arrive, the naturalist guide will assist you on a trial run on the zip line cable. Then, off you will go on an aerial tram that will take you to the top of the zip line. It is all downhill from here—literally. In all, you will race through the treetops along eight zip line cables, each offering a unique thrill and different perspective of the rainforest. As you effortlessly glide down, you will be treated to outstanding views of the sea and the northern half of the island.

HIGHLIGHTS

- Glide through the rainforest canopy comfortably seated in an aerial tram’s gondola.
- Take in the spectacular views of the St. Lucian countryside on the way up.
- Race down through the rainforest on a zip line, stopping between runs to observe nature.

HELPFUL HINTS

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

Participants must be at least 5 years of age and weigh no more than 350 lbs. The minimum waist measurement for the safety harness is 45.7 cm/18 inches and the maximum waist is 127 cm/50 inches. Guests are required to sign a waiver in order to participate. Guests who go ashore do so with the understanding that they will be mixing with members of the general public. No flip flops, shorts or skirts are permitted.

STL-016 JEEP SAFARI AND SAILING

Date: Apr 12, 2025 **Time:** 10:30 AM
Duration: 5.00 Hrs **Price:** \$139.00



OVERVIEW

Ride along the backroads of western St. Lucia in a Jeep and then cruise along the coast to the Pitons, the island's most iconic attraction. While driving through the gorgeous countryside, you will pause at viewpoints that offer particularly unique perspectives of highlights such as the fertile Roseau Valley and Marigot Bay, where you will board a sleek catamaran. Densely forested hills surround the bay on three sides, and the terrain will only get steeper and more spectacular as you cruise south. You will pass secluded coves, idyllic beaches, lovely villages such as Anse La Raye and long stretches of undeveloped wilderness on the way to the Pitons. These two, magnificently scenic volcanic spires are so bio-diverse that UNESCO declared them a World Heritage site. You will have plenty of time to snap photos of the soaring Pitons from several angles before disembarking to swim at a nearby beach.

HIGHLIGHTS

- Enjoy a panoramic drive in a Jeep along sparsely populated western St. Lucia.
- Cruise along the island's gorgeous, beach-rimmed coast in a catamaran.
- View the UNESCO World Heritage site Pitons from a unique water perspective.
- Relax at a secluded beach and swim in the sea if you wish.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

STL-017 AMAZING WEST SIDE BY BOAT

Date: Apr 12, 2025 **Time:** 10:30 AM
Duration: 3.50 Hrs **Price:** \$269.00



OVERVIEW

Race down St. Lucia's gorgeous western coast in an open-top speedboat and stop to swim in the crystal-clear waters between the Pitons, the island's only UNESCO World Heritage site. To maximize the experience, you will board the speedboat right at the pier, which will give you all the more time to enjoy the exhilarating ride. The island's western shore is immensely scenic and has been the backdrop for numerous movies. As you zip around beautiful Marigot Bay, you will understand why parts of the first "Pirates of the Caribbean" movie were shot there. The twin volcanically formed Pitons also had a cameo role because of their dramatic scenery. Once the speedboat anchors between these twin soaring spires, you can jump into the typically tranquil waters for a refreshing swim and to snorkel, if you wish. The natural beauty of the setting and the bountiful wonders below the water's surface will be breathtaking.

HIGHLIGHTS

- Zip along St. Lucia's gorgeous western coast in an open-top speedboat.
- Pass lovely villages, secluded coves and endless beaches on the way to the twin Pitons.

- Stop between the UNESCO World Heritage site Pitons to swim and snorkel.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

STL-018 ECO-KAYAKING AND SNORKELING ADVENTURE

Date: Apr 12, 2025 **Time:** 10:30 AM
Duration: 4.00 Hrs **Price:** \$379.00



OVERVIEW

Behold the natural beauty above and below the water's surface by kayaking along St. Lucia's western coast and snorkeling farther offshore in an area teeming with marine life. You will reach the snorkeling site by boat, which will anchor in the open sea allowing you plenty of time to explore the underwater world. You can expect to see a parade of brightly colored tropical fish such as French grunts, goatfish, jacks and snappers. Back in Marigot Bay, you will ease into a kayak and paddle down the beautiful coast to where the Roseau River gently flows into Roseau Bay. The river is ideal for observing wildlife as dense mangrove forests line the banks. Birds in particular flock there in great numbers because the exposed intertwined roots of the mangroves provide protective shelter. As you paddle along, you may spot mangrove cuckoos, a long-tailed reclusive bird that often perches motionless waiting for prey such as insects and lizards.

HIGHLIGHTS

- Paddle a kayak along the coast and the gently flowing, mangrove-lined Roseau River.
- Look for wildlife, particularly birds that perch in the mangroves' exposed roots.
- Snorkel an area offshore with crystal-clear waters that are teeming with marine life.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

STL-019 BEST OF SOUFRIERE BY SPEEDBOAT

Date: Apr 12, 2025 **Time:** 10:30 AM
Duration: 3.50 Hrs **Price:** \$269.00



OVERVIEW

Cruise along the island's gorgeous western shore in a speedboat for an indulgent adventure that includes swimming, snorkeling and luxuriating in a mud bath. As you race down the coast, you will pass jungle-like forests, beautiful beach-rimmed coves and the iconic Pitons, twin volcanic spires that are so geologically and biologically significant that UNESCO declared them to be a World Heritage site. After disembarking in Soufriere in the shadow of the Pitons, you will travel through the world's only "drive-in volcano," an eerie landscape of bubbling sulfur springs that the geothermal activity below causes. You will then ease into a mineral-rich mud bath with therapeutic benefits that supposedly range from reducing inflammation to detoxifying the body. Then it's back to the sea in the speedboat, which will bring you to the magnificent beach Anse Chastanet. Feel free to take a refreshing swim and behold the marine wonderland beneath the surface by snorkeling.

HIGHLIGHTS

- Race along the naturally beautiful western coast of St. Lucia in a speedboat.
- See the towering Pitons, twin volcanic spires that are a UNESCO World Heritage site.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

- Relax in a mineral-rich mud bath that may have therapeutic benefits.
- Swim and snorkel in the turquoise waters off Anse Chastanet beach.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

Not suitable for persons with walking disabilities.

STL-020 BAMBOO RAFTING IN ROSEAU VALLEY

Date: Apr 12, 2025 Time: 10:30 AM
Duration: 3.00 Hrs Price: \$199.00



OVERVIEW

OVERVIEW Float down the meandering Roseau River on a long bamboo raft that a local guide will pole down the river, which eventually empties into the sea. You won't have to do a thing but sit back, relax and admire St. Lucia's stunning natural beauty. As the gentle current carries you through the serene rainforest that comes right to the riverbanks, the guide will describe the flora and fauna. Birds are particularly plentiful and you may spot colorful endemic species such as the St. Lucia oriole and the St. Lucia parrot – the national bird – which typically nests in the cavities of tall trees. Butterflies are also commonly seen flitting about. Mangrove forests line much of Roseau River and provide excellent wildlife habitat and environmental benefits such as reducing erosion and filtering impurities from the water. Along the way, you will stop at a rustic Creole hut where you may sample coconut water and fresh fruit.

HIGHLIGHTS

- Relax on a bamboo raft that a local guide will pole down the gently flowing Roseau River.
- Enjoy the serenity of the surrounding rainforest and look for wildlife, especially birds.
- Pause at a rustic hut in the rainforest and sample local beverages and fruit.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended. Guests must have a good sense of balance to get on and off the rafts. Feet may get wet while on the raft. This tour is not recommended for guests with limited mobility. There is no shade on the rafts, in the event of rain umbrellas will be provided. Life jackets are provided

STL-3CT CHEF LED ULTIMATE TREE TO BAR CHOCOLATE EXPERIENCE

Date: Apr 12, 2025 Time: 10:30 AM
Duration: 7.00 Hrs Price: \$559.00



OVERVIEW

Accompany our chef to an exclusive island venue to better understand St Lucian cuisine and see how cacao beans are transformed into chocolate at the famed and luxurious Hotel Chocolat. On the way there, you will pause at scenic overlooks that present extraordinary views of Castries Harbor and Marigot Bay, which forested hills shelter on three sides. You will also pass St. Lucia's largest banana plantation, which only hints at the bounty of produce that grows in the island's fertile volcanic soil. You will enjoy a remarkably in-depth look the life-cycle of chocolate – from tree to

bar – with a chocolate-bar-making demonstration. The vistas from this luxury hotel are stunning, which overlooks the island's iconic Pitons. Cacao beans are organically grown on the estate, a process that you will observe in detail. A delectable and stunningly beautiful lunch follows the experience -with each course including chocolate inspired offerings. Travel back to your awaiting ship in style on your Bowen speed boat for a picturesque cruise along the Island's rugged West coast, bypassing the Jade Mountain & Anse Chastanet Resorts, the fishing villages of Anse La Raye and Canaries and finally into famous Marigot Bay for view of the bay towards the ship in Castries Harbor.

HIGHLIGHTS

- Panoramic drive to Soufriere area of the island.
- 'Tree to bar' experience at the famed Hotel Chocolat.
- Sumptuous lunch with each course 'chocolate inspired'
- Enjoy stunningly scenic views of the iconic Pitons, Marigot Bay and Castries Harbor.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes approximately 3 hours of walking. It is not recommended to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. There are also approx. 15 steps to access the Rabot Restaurant and steps throughout Project Chocolat for Chocolate making demonstration. Seating will be providing during the Chocolate making process. During lunch additional beverages can be purchased. A washroom stop can be made during drive along the West coast, additional charge US \$1.00 per person. This experience is limited, those wishing to participate should book early.

STL-GG1 SUSTAINABLE AQUAPONICS FARMING & PITONS

Date: Apr 12, 2025 Time: 10:30 AM
Duration: 6.00 Hrs Price: \$129.00



OVERVIEW

Visit a farming enterprise that uses sustainable aquaponics to grow fresh produce without harming the environment. On the way to the greenhouse farm, you will pause for photos of the Pitons, St. Lucia's most iconic attraction. These two volcanic spires are so bio-diverse that UNESCO declared them a World Heritage site. As you will discover at Green Haven in the village of Choiseul, farming through aquaponics is eco-friendly and entirely sustainable, so it doesn't negative affect the environment. While touring the greenhouses with one of the owners, you will gain an understanding of aquaponics, a combination of aquaculture—or raising fish—and hydroponics, in which plants grow in water rather than in soil. In essence, the waste from hundreds of tilapia fish provides nutrients for the plants in a closed system that uses minimal recycled water. It is a wonderfully efficient process with the end result being organic lettuce, tomatoes, cucumbers and peppers that grow year-round. At the end of the tour you will enjoy a farm to table lunch in their on-site café before returning back to the ship.

HIGHLIGHTS

- Tour Green Haven, an innovative farm that grows fresh produce in greenhouses .
- Gain an understanding of the benefits of eco-friendly aquaponic farming .
- Pause for photos of the Pitons, two World Heritage site volcanic spires along the coast .

HELPFUL HINTS

- Dress in weather-appropriate clothing .

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

• Wear flat comfortable walking shoes .

PLEASE NOTE

This tour includes approximately 2 hours of walking or standing over some uneven ground. The sights on this tour are not wheelchair accessible and therefore, it is not available to wheelchair guests and those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes as well as insect repellent are suggested. Buses utilized on this tour are Japanese style with smaller seats and limited legroom.

STL-GG2 HONEYBEES, ENHANCING BIODIVERSITY

Date: Apr 12, 2025 Time: 10:30 AM

Duration: 2.00 Hrs Price: \$129.00



OVERVIEW

Gain insight into how honeybees contribute to St. Lucia's biodiversity while browsing the Iyanola Apiculture Collective, an organization that supports beekeeping throughout the Caribbean. From the on-site observation room, you will watch beekeepers in protective suits as they check on the hives and honey production. You will also learn a bit about the history of beekeeping over the past 4,500 years, the importance of bees with regard to pollinating many of the world's food sources and why bees are becoming endangered perhaps due to environmental factors. Bees are fascinating creatures, as they have five eyes, fly up to 15 miles an hour and are the only insect that produces food that humans eat. You will be offered a taste of the black mangrove honey produced at the collective and have the chance to make a scented candle from natural beeswax.

HIGHLIGHTS

- Discover how honeybees contribute to the environment in an eco-friendly way .
- Watch beekeepers maintain hives and ensure the production of honey .
- Sample freshly made honey and make a candle from natural beeswax .

HELPFUL HINTS

- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

PLEASE NOTE

This tour includes a moderate amount of walking and about 20 steps to negotiate. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

STL-AC1 ACCESSIBLE PITON MOUNTAINS & DIAMOND WATERFALLS

Date: Apr 12, 2025 Time: 11:00 AM

Duration: 6.00 Hrs Price: \$339.00



OVERVIEW

STL-AC1 Companion This excursion is for guests that use a cane/walker, have limited mobility issues or for companions of those guest that have booked mobility equipment tour. Those guests that are fully dependent on their mobility device please book: STL-AC2 ACCESSIBLE PITON MOUNTAINS & DIAMOND WATERFALLS- Mobility Equipment This accessible St. Lucia shore excursion offers a fun and full day of experiencing the very best highlights of the island. Visit the charming fishing village Anse La Ray, see the majestic Pitons and experience the Diamond Botanical Garden where an adventurous gravel path leads to the Waterfall in Soufriere. Start your day by meeting your guide and accessible van at the St. Lucia cruise dock. First, you'll set out on a beautiful scenic island drive through banana plantations and beautiful mountain views, before making a stop in Anse La Raye, a small charming fishing village to the far western side of the island

right next to Castries. In Anse La Raye, you will exit the van by the small center square to get out and explore firsthand. Take a stroll down the small pier, meet local fishermen and see what they caught for the day, make your way around the charming little city streets with traditional small cottages, and visit the beautiful old cathedral from the early 16th century. As your tour continues to the city of Soufriere, you will make several photo stops along the way. Not only is St. Lucia lush and rich in produce, it is a volcanic island which provides some amazing views, including the Pitons. While the Pitons volcano site is not wheelchair accessible, one can still see them from afar and capture some beautiful photos. In the popular Diamond Botanical Garden, your tour guide will take you on a spectacular stroll while sharing all that he knows about the fauna and produce of the island. The path in the garden is accessible with no steps or steep inclines. As you near the end of the Gardens, the path transitions into an adventurous gravel trail for the final two minutes. This leads you up to a stunning viewpoint where the breathtaking Diamond Waterfall unfolds right before your eyes. There is an accessible restaurant right next to the gardens, where you can enjoy a delicious traditional St. Lucia buffet and fresh squeezed juice on your own if you desire.

HIGHLIGHTS

- Visit the charming fishing village of Anse La Raye.
- See the majestic Piton mountains
- Experience the popular Diamond Botanical Garden and adventurous Waterfall (accessibility according to own assessment)

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Space is limited, book early.

PLEASE NOTE

This tour has a limited capacity; please book early. This tour is designed to be accessible to all guests, with the exception of the Waterfall area, which requires individual assessment for accessibility (we recommend this tour for guests who use standard mobility aids but may need additional assistance to navigate the final 2 minutes stretch). The tour route avoids stairs and step-ups. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The price includes a vehicle, tour guide and entrance tickets. Lunch/snack costs are not included. The number of accessible vehicles is extremely limited. Guests are encouraged to make their accessible shore excursion reservations as far in advance as possible.

STL-AC2 ACCESSIBLE PITON MOUNTAINS & DIAMOND WATERFALLS

Date: Apr 12, 2025 Time: 11:00 AM

Duration: 6.00 Hrs Price: \$339.00



OVERVIEW

STL-AC2 Mobility Equipment This excursion is for guests who are fully dependent on their mobility device. You will be required to supply your own wheelchair/scooter. Your mobility equipment (manual or electric) must not exceed the following dimensions: W 28", L 74", H 59". Those guests that are companions, use a cane or walker, or have limited mobility issues must book the companion tour code STL-AC1 ACCESSIBLE PITON MOUNTAINS DIAMOND WATERFALLS- Companion This accessible St. Lucia shore excursion offers a fun and full day of experiencing the very best highlights of the island. Visit the charming fishing village Anse La Ray, see the majestic Pitons and experience the Diamond Botanical Garden where an adventurous gravel path leads to the Waterfall in Soufriere. Start your day by meeting your guide and accessible van at the St. Lucia cruise dock.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

First, you'll set out on a beautiful scenic island drive through banana plantations and beautiful mountain views, before making a stop in Anse La Raye, a small charming fishing village to the far western side of the island right next to Castries. In Anse La Raye, you will exit the van by the small center square to get out and explore firsthand. Take a stroll down the small pier, meet local fishermen and see what they caught for the day, make your way around the charming little city streets with traditional small cottages, and visit the beautiful old cathedral from the early 16th century. As your tour continues to the city of Soufriere, you will make several photo stops along the way. Not only is St. Lucia lush and rich in produce, it is a volcanic island which provides some amazing views, including the Pitons. While the Pitons volcano site is not wheelchair accessible, one can still see them from afar and capture some beautiful photos. In the popular Diamond Botanical Garden, your tour guide will take you on a spectacular stroll while sharing all that he knows about the fauna and produce of the island. The path in the garden is accessible with no steps or steep inclines. As you near the end of the Gardens, the path transitions into an adventurous gravel trail for the final two minutes. This leads you up to a stunning viewpoint where the breathtaking Diamond Waterfall unfolds right before your eyes. There is an accessible restaurant right next to the gardens, where you can enjoy a delicious traditional St. Lucia buffet and fresh squeezed juice on your own if you desire.

HIGHLIGHTS

- Visit the charming fishing village of Anse La Raye
- See the majestic Piton mountains.
- Experience the popular Diamond Botanical Garden and adventurous Waterfall (accessibility according to own assessment).

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Space is limited, book early.

PLEASE NOTE

This tour has a limited capacity; please book early. This tour is designed to be accessible to all guests, with the exception of the Waterfall area, which requires individual assessment for accessibility (we recommend this tour for guests who use standard mobility aids but may need additional assistance to navigate the final 2 minutes stretch). The tour route avoids stairs and step-ups. Accessible bathrooms with wide doors for wheelchairs are present along the tour route. An accessible vehicle with a wheelchair lift or ramp will be used for transportation. Guides are not allowed to push wheelchairs. The price includes a vehicle, tour guide and entrance tickets. Lunch/snack costs are not included. The number of accessible vehicles is extremely limited. Guests are encouraged to make their accessible shore excursion reservations as far in advance as possible.

St. George's, Grenada

GND-001 THE SPICE OF OUR LIVES

Date: Apr 13, 2025 Time: 08:30 AM
Duration: 4.00 Hrs Price: \$89.00



OVERVIEW

Delve into the history and production of some of Grenada's most characteristic products, including spices and herbs, followed by a tasting of the island's distinctive rum. Your first stop will be a family-owned business that manufactures nutmeg products. Expect to be surprised by the variety of merchandise made with this one signature ingredient, including jam, hot sauce and rum punch. You will become further immersed in spices at nearby Laura Spice Gardens, which grows common spices such as cinnamon and more unusual ones such as tonka beans, which

are often substituted for vanilla in recipes. Continuing on to Westerhall Estate, you will learn how cocoa and sugarcane was processed in the late 1800s. Today, the attention has turned to rum, and you will have the opportunity to sample several of its finest. The estate's rums run the gamut from dark to light and vintage to white, usually served neat in a chilled shot glass.

HIGHLIGHTS

- Visit a nutmeg manufacturer and marvel at the abundance of products made with the spice.
- Learn about unusual spices and herbs grown throughout Grenada, the Spice Island.
- Sample several premium rums made with local sugarcane at a distillery.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves approximately one hour of easy walking. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-002 ADVENTURE OPEN TRUCK TOUR

Date: Apr 13, 2025 Time: 08:30 AM
Duration: 4.00 Hrs Price: \$149.00



OVERVIEW

Ride through Grenada's gorgeous interior in an open-air 4x4 vehicle, stopping on occasion for photos and to soak in the natural hot springs. The route will be immensely scenic, as you pass through verdant rainforest, charming villages and aromatic nutmeg plantations. Not far from Grenville on the eastern shore, you will take a leisurely walk through tropical woods to serene Claboney Sulphur Pond, which is typically waist deep. The nutrient-rich natural hot springs is said to be therapeutic, even to the point of having a positive effect on the aging process. Whether that's true or not, you can still expect to be wonderfully relaxed after a nice long soak. Then, returning to the 4x4 vehicle, you will continue driving to Grand Etang Crater Lake in the mountainous island interior. You may spot towering mahogany trees, bright splashes of flowers, and indigenous birds such as the broad-winged hawk, known locally as the gree-gree.

HIGHLIGHTS

- Drive around Grenada in a open truck, pausing every so often to take in the natural beauty.
- Enjoy a meandering walk through rainforest to a mineral-rich pond said to be therapeutic.
- Soak in the pond's thermal waters, an experience that will leave you wonderfully relaxed.
- Pause for photos on one of Grenada's highest points for a panoramic view of the interior.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves approximately 15-20 minutes of hiking, at times over rough and uneven natural terrain. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or to guests with back problems. Participants must sign a liability waiver. Guests taking part in water activities do so at their own risk and responsibility. Guests must be at least 18 years old to consume alcohol. This is not a self-driven tour.

Minimal activity	Moderate activity	OE Oceania Exclusive	BB Beyond Blueprints	GG Go Green
Easy activity	Strenuous activity	OS Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

GND-003 CLEAR BOTTOM KAYAKING

Date: Apr 13, 2025 Time: 08:30 AM
Duration: 3.00 Hrs Price: \$109.00



OVERVIEW

Paddle a kayak with a clear bottom over a coral reef teeming with colorful marine life. Upon arriving at Grand Mal Bay, you will ease into a two-person kayak with a clear bottom that presents an unobstructed view of the natural wonders below. It will offer all the advantages of snorkeling but without having to change clothes or get wet. It won't take long to paddle out to the reef, a natural habitat for an abundance of marine species. It will be a never-ending, always-changing spectacle and there is no telling what you may see through the kayak's bottom. You may spot yellowtail snapper, spotted drums and horse-eyed jacks, a prized game fish that puts up a good fight. In time, you will kayak to Molinere Point, the site of an underwater sculpture park. The collection includes dozens of life-size figures standing on the bottom of the sea. Local artists created the sculptures, which reflect Grenada's history and culture. After approximately 75-minutes, you will return to the Kayaking House where you will have a chance to relax with a refreshing swim in the calm bay and a complimentary drink from the bar (rum punch, local beer, local fruit juice, soft drink or water).

HIGHLIGHTS

- Paddle a clear-bottom kayak over a coral reef teeming with marine life.
- Stay dry while observing underwater wonders that snorkelers usually only see.
- View stingrays and barracudas that might otherwise dart off if you were snorkeling.
- Kayak over a sculpture garden that local artisans created on the sea bottom.
- Swim at a beach after kayaking.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes

PLEASE NOTE

This tour involves approximately 1¼ hours of kayaking, which may be strenuous at times. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or persons with asthma, heart conditions or back problems. Guests taking part in water activities do so at their own risk and responsibility. Participants must sign a liability waiver. Guests must be at least 18 years old to consume alcohol.

GND-004 DISCOVER GRENADA

Date: Apr 13, 2025 Time: 08:30 AM
Duration: 7.00 Hrs Price: \$159.00



OVERVIEW

Enjoy a remarkably comprehensive driving tour of Grenada that will leave you with a clear understanding of the island's charms. Just east of Saint George's, you will find the 18th-century Fort Frederick, which is named the "backward-facing fort" because its cannons point inland. The views will be spectacular, as will be the ones of Grand Etang, a cobalt-blue lake in the crater of an extinct volcano. Grenada is also known for its premium rum, which you will taste at River Antoine Estate before dining at historical Belmont Estate. More memorable scenery awaits you at Carib's Leap, where dozens of indigenous Caribs jumped into the sea rather than surrender to the French in the mid-1600s. Continuing on, you will pass the island's largest fishing village, tour Dougaldston Spice Estate and finally see the bays where U.S. forces landed in 1983 during the invasion to protect American nationals from Grenada's Marxist regime, which was

soon overthrown.

HIGHLIGHTS

- Spend an enlightening day driving to Grenada's signature destinations and attractions.
- Tour an 18th-century fort and dine at an estate from the same time period.
- Gaze down on an impossibly blue lake that filled the crater of an extinct volcano.
- See the spot where Caribs jumped to their death rather than surrender to the French.
- Pass through one quaint village after another, including the island's largest fishing village.
- View the bays where U.S. forces landed during the 1983 invasion of Grenada.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves approximately 3½ hours of moderate walking and standing. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-005 MT. GAZO HIKE & SWIM

Date: Apr 13, 2025 Time: 08:30 AM
Duration: 3.75 Hrs Price: \$89.00



OVERVIEW

Hike through a pristine rainforest on the outskirts of Saint George's as a prelude to spending free time on one of Grenada's most beautiful beaches. A picturesque drive along the city's Carenage inlet and through the historical town will bring you to Morne Gazo, the island's only remaining rainforest. This pristine landscape serves as an important watershed area and a wildlife reserve. It is a spectacular setting for your brisk hike up to the top of a conical hill that rises to 1,140 feet above sea level. From this elevated vantage point, you will enjoy a nearly 360°-view of landmarks such as Point Salines, Grand Etang National Park and seaside La Sageesse. Upon descending, you will drive to Grand Anse Beach, a silky stretch of sand that is nearly two miles long. You will spend a relaxing hour or so at the beach, doing whatever you please.

HIGHLIGHTS

- Follow a scenic route to the only remaining rainforest on Grenada.
- Hike to the highest point in the rainforest and view one of the island's finest panoramas.
- Spend free time at your leisure at Grand Anse Beach.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Bring swimwear and a towel, if you wish to swim.
- Wear flat comfortable, closed-toe walking shoes.

PLEASE NOTE

This tour involves approximately 1¾ hours of hiking, which at times is strenuous and over rough and uneven natural terrain. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or to persons with heart conditions, asthma or back problems. Participants should be in good physical condition and must sign a liability waiver. Changing facilities are available at the beach. Guests taking part in water activities do so at their own risk and responsibility. Guests must be at least 18 years old to consume alcohol.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

GND-006 MOUNTAIN RAINFOREST, GRAND ETANG & ANNANDALE

Date: Apr 13, 2025 Time: 08:30 AM

Duration: 4.00 Hrs Price: \$89.00



OVERVIEW

Admire the stunning natural beauty of Grenada at a crystal-clear mountain lake and a gently cascading waterfall, and then discover how spices are processed on the island. Along the way, you will pass through several seaside villages while the guide points out attractions such as Beausejour Bay, which played a role in the 1983 U.S. invasion of Grenada. Upon reaching centuries-old Douglaston Spice Estate, you will discover traditional methods of preparing spices. You might watch mace being removed from nutmeg or cinnamon sticks being rolled from a tree's inner bark. Grenada is a leading producer of spices and is even nicknamed the Spice Island. Then, it's on to the interior mountains and Grand Etang Lake, which an extinct volcano formed long ago. The water is typically cobalt blue and lush vegetation grows right to the shoreline. During your visit, you will have time to for a refreshing drink at the Park's Visitors' Center. Not far away, you will find beautiful Annandale Falls. It too is edged by native flora, especially hanging ferns and tropical flowers.

HIGHLIGHTS

- Watch spices being prepared and packaged at a historical estate.
- Gain an understanding of why Grenada is known as the Spice Island.
- View the bays where U.S. forces landed during the 1983 invasion of Grenada.
- Gaze down on an impossibly blue lake that filled the crater of an extinct volcano.
- Behold glorious Annandale Falls and the hanging ferns that surround it.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable, closed-toe walking shoes.

PLEASE NOTE

This tour involves approximately one hour of moderate walking with a steep uphill to negotiate at Annandale. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-007 PALM TREE GARDENS

Date: Apr 13, 2025 Time: 08:30 AM

Duration: 2.00 Hrs Price: \$89.00



OVERVIEW

Meander through verdant Palm Tree Garden, a botanical oasis on a hill overlooking Saint George's. The brief drive will also be delightful, as you will follow the coastal road around the harbor, pass through Sendall Tunnel and pause at an overlook to take in the panoramic views. Upon reaching Palm Tree Garden, you will stroll the winding paths through exotic foliage punctuated by a riot of color from plants such as hibiscus and African tulips. Depending on where you walk, you may see stout bottle palms, epiphytic staghorn ferns and blooming achiote, more familiarly known as the lipstick tree for its bright-red seeds that are used to make cosmetics. You might also notice the scent of spices and citrus wafting through the air, an aroma that will greatly enhance the experience. Following your guided tour, you will be served a refreshment of rum punch or local juices in house before your transfer back to the ship.

HIGHLIGHTS

- Enjoy a brief but picturesque drive to a botanical garden overlooking Saint George's.
- Admire the sweeping views of Grenada's natural beauty from the hilltop

garden.

- Stroll the garden paths, passing rare exotic plants, many of which will be in bloom.
- Savor the serenity and the wonderfully pungent fragrances wafting through the air.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable, closed-toe walking shoes.

PLEASE NOTE

This tour involves approximately 1½ hours of easy walking and standing. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

GND-008 SAILING, SNORKELING & SWIMMING

Date: Apr 13, 2025 Time: 08:30 AM

Duration: 3.00 Hrs Price: \$109.00



OVERVIEW

OVERVIEW Cruise along the naturally beautiful western shore of Grenada in a sleek catamaran and pause along the way to snorkel and swim in the crystal-clear waters. The beach-blessed coastline is classic Caribbean and couldn't be more spectacular. An unusual snorkeling experience awaits you off Moliniere Point, as there is an underwater sculpture garden just offshore on the bottom of the sea. Its collection of life-size figures includes a circle of children holding hands, replicas of Amerindian petroglyphs and a man sitting at his desk pecking away at a typewriter. These eerie, breathtaking sculptures have become artificial reefs that attract an array of colorful marine life. You will also stop at Grand Anse Bay, where you are welcome to stretch out on the beach, swim in the typically calm waters and relax in the shade of a palm tree. The time is yours to enjoy as you please.

HIGHLIGHTS

- Relax on board a catamaran while sailing along the gorgeous western coast of Grenada.
- Snorkel around a sculpture garden of life-size figures on the floor of the sea.
- Enjoy the idyllic setting at Grand Anse Beach however you please.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Participants must be at least 6 years of age. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended. The tour is not considered suitable for wheelchair guests or those guests with mobility concerns.

GND-AC1 ACCESSIBLE GRENADA MARKET & NATIONAL PARK

Date: Apr 13, 2025 Time: 09:00 AM

Duration: 4.00 Hrs Price: \$279.00



OVERVIEW

OVERVIEW GND-AC1 Companion This excursion is for guests that use a cane/walker, have limited mobility issues or for companions of those guest that have booked mobility equipment tour. Those guests that are fully dependent on their mobility device please book: GND-AC2 ACCESSIBLE GRENADA MARKET & NATIONAL PARK- Mobility Equipment Add some spice to your life with a panoramic tour of Grenada, the Spice Island. At the Dougaldson Spice Estate, you will discover how its signature spices—including cinnamon, turmeric and ginger—are processed. The visit will be

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

fascinating and wonderfully aromatic, as you pass the racks of fresh spices drying in the sun. If you spot monkeys in the trees, they are Monas, a species introduced in the 18th century. The focus turns to nutmeg at a nearby spice processor that contributes greatly to Grenada's rank as the world's second-largest exporter of nutmeg. While browsing a spice market in downtown St. George's, you may see even more types of spices, such as cloves, bay leaves and allspice, which is made from the dried berries of trees commonly known as Jamaica Peppers. Still, not everything in Grenada revolves around spices, as you will discover at Grand Etang, a national park with a beautiful volcanically formed lake. Visit the Clarke's Court Rum Factory. It is a "must see" for all visitors, it is the Island's best-known and largest distillery and one of the most interesting historical sites. The next stop is a local Laura Herbs and Spices. It is the trademark of Grenada, being known as the 'Isle of Spice'.

HIGHLIGHTS

- See spices drying in the sun at one of Grenada's largest spice processing estates.
- Learn about the spices grown throughout the so-called Spice Island, especially nutmeg.
- Browse a downtown spice market where most every spice imaginable is on display.
- Visit the Clarke's Courts rum factory and taste the award -winning rums at the sample bar.
- Behold the stunning natural beauty of Grenada at Grand Etang National Park.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Space is limited, book early.

PLEASE NOTE

PLEASE NOTES: Tour includes step-free routes, shorter distances and no stairs. Accessible restrooms with wide doors for wheelchairs are present along the tour route. Vehicles are adapted with an access ramp (or lift where available) to accommodate a limited number of wheelchairs and/or mobility scooters. Guides are not allowed to push wheelchairs; therefore, guests needing special assistance must be accompanied by an able-bodied.

GND-AC2 ACCESSIBLE GRENADA MARKET & NATIONAL PARK

Date: Apr 13, 2025 Time: 09:00 AM

Duration: 4.00 Hrs Price: \$279.00



OVERVIEW

OVERVIEW GND-AC2 Mobility Equipment This excursion is for guests who are fully dependent on their mobility device. You will be required to supply your own wheelchair/scooter. Your mobility equipment (manual or electric) must not exceed the following dimensions: W 48", L 46", H 60". Those guests that are companions, use a cane or walker, or have limited mobility issues must book the companion tour code GND-AC1 ACCESSIBLE GRENADA MARKET & NATIONAL PARK- Companion Add some spice to your life with a panoramic tour of Grenada, the Spice Island. At the Dougaldson Spice Estate, you will discover how its signature spices—including cinnamon, turmeric and ginger—are processed. The visit will be fascinating and wonderfully aromatic, as you pass the racks of fresh spices drying in the sun. If you spot monkeys in the trees, they are Monas, a species introduced in the 18th century. The focus turns to nutmeg at a nearby spice processor that contributes greatly to Grenada's rank as the world's second-largest exporter of nutmeg. While browsing a spice market in downtown St. George's, you may see even more types of spices, such as cloves, bay leaves and allspice, which is made from the dried berries of trees commonly known as Jamaica Peppers. Still, not everything in

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HIGHLIGHTS

- See spices drying in the sun at one of Grenada's largest spice processing estates.
- Learn about the spices grown throughout the so-called Spice Island, especially nutmeg.
- Browse a downtown spice market where most every spice imaginable is on display.
- Visit the Clarke's Courts rum factory and taste the award -winning rums at the sample bar.
- Behold the stunning natural beauty of Grenada at Grand Etang National Park.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Space is limited, book early.

PLEASE NOTE

PLEASE NOTES: Tour includes step-free routes, shorter distances and no stairs. Accessible restrooms with wide doors for wheelchairs are present along the tour route. Vehicles are adapted with an access ramp (or lift where available) to accommodate a limited number of wheelchairs and/or mobility scooters. Guides are not allowed to push wheelchairs; therefore, guests needing special assistance must be accompanied by an able-bodied.

Bridgetown, Barbados

BDG-001 BEST OF BARBADOS

Date: Apr 14, 2025 Time: 08:30 AM

Duration: 4.50 Hrs Price: \$99.00



OVERVIEW

Visit an array of representative attractions that present the island's natural beauty, history and culture in enlightening ways. Few places are quite so serene as Orchid World, where you will meander winding garden paths that lead to countless orchids and more than a thousand other Caribbean plants. You may see hummingbirds flitting about from blossom to blossom, exotic dendrobiums and oddly shaped succulents. Continuing on to the parish of St. George, you will find Gun Hill Station, one of a series of signal stations that was once manned to warn of approaching enemy ships. From this elevated vantage point, you will be treated to spectacular views of the sea and beyond. For a different historical perspective, you will browse Sunbury Plantation House, a magnificent 17th-century residence decorated with period furnishings. Although many of the original pieces were lost in a fire, the furniture in the planter's office belonged to the sugar plantation's first owners.

HIGHLIGHTS

- Stroll through Orchid World, whose namesake flowers only touch on the garden's flora.
- Admire the lengthy views from atop Gun Hill Station, one of the island's highest points.
- Browse a 17th-century sugar plantation that presents a glimpse into the past.

HELPFUL HINTS

- Dress in weather-appropriate clothing.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

- Wear flat comfortable walking shoes.

PLEASE NOTE

Camouflage clothing is not permitted in Barbados.

BDG-003 DISCOVER BARBADOS

Date: Apr 14, 2025 Time: 08:45 AM

Duration: 3.50 Hrs Price: \$79.00



OVERVIEW

Take in the scenic diversity of Barbados on a panoramic driving tour through the bucolic countryside and along the beautiful coastline. As soon as you leave Bridgetown, the landscape will become much more agricultural with sugar cane being the dominant crop. The Dutch introduced sugar cane to Barbados in 1624 for export and rum production, and the crop is still grown but no longer in enormous quantities. The views will be spectacular in a different way as you drive along the coast, passing luxury resorts and long stretches of remote beach. You will find one of the best views from St. John's Parish Church, a Gothic-style building constructed in 1836. Other versions of the church have stood on this site since 1645, but hurricanes and fires have destroyed them. More magnificent vistas await you from the hilltop Highland Centre, where you will linger over a cool drink while admiring views of Barbados' eastern shore.

HIGHLIGHTS

- Drive through the gorgeous countryside and along the coast, taking in the views.
- Listen to commentary about the history of Barbados and its early plantation life.
- Pause for photos at a historical church that offers extraordinary views.
- Gaze out over Barbados' eastern shore while enjoying a drink.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There is uneven terrain at Bathsheba. There is a little walking involved in this tour but no stairs. This tour does not accommodate wheelchairs or walkers.

BDG-002 BEACH BREAK

Date: Apr 14, 2025 Time: 09:00 AM

Duration: 3.50 Hrs Price: \$69.00



OVERVIEW

Spend a day relaxing on one of the premier beaches in Barbados, a lovely stretch of sand that rims Carlisle Bay in the southwestern part of the island. Your time at the Harbor Lights beach facility will be completely at your leisure, allowing you to enjoy the tropical setting as you please. You might bask in the sun on the soft powdery sand, take a refreshing swim, walk along the coast as the waves gently lap the shore, and relax in the shade of a coconut palm while gazing out at the sea. If you rent snorkeling equipment, chances are, you will spot one of the shipwrecks just offshore, sea turtles and schools of brightly colored fish. You might also dine on your own at one of the beachside restaurants and shop at the kiosks, where the local Barbadians typically sell jewelry made with sea glass and coral.

HIGHLIGHTS

- Enjoy hours of free time at a spectacular beach just outside Bridgetown.
- Bask in the sun, swim in the sea and do most anything else that pleases you.
- Rent snorkeling gear and observe the underwater wonders just off

shore.

- Dine on your own and shop at the beachfront facilities.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- Bring a towel and swimsuit.

PLEASE NOTE

This tour is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. Guests taking part in water activities do so at their own risk and responsibility. A complimentary welcome drink, beach chair, shared umbrella and use of the showers and restroom facilities are included.

BDG-007 CATAMARAN & SAIL

Date: Apr 14, 2025 Time: 09:45 AM

Duration: 5.50 Hrs Price: \$199.00



OVERVIEW

Relax aboard a catamaran and cruise along Barbados' beautiful Platinum Coast, a highly affluent area on the western shore. The catamaran is so comfortable you might do nothing more than enjoy the luxurious setting and gorgeous views. It will be your choice. However, if you wish to explore the wonders underwater, you will have that opportunity once the catamaran anchors in a secluded cove. The island's Platinum Coast isn't just affluent, there is also a wealth of marine life just off shore. Snorkelers can expect to see schools of brightly colored tropical fish and perhaps even hawksbill sea turtles, which frequent the area because there are abundant sandy nesting sites within reach. If you spot one with a heart-shaped carapace, it is a young hawksbill turtle, as the shell elongates with age. On the return to Bridgetown, you will enjoy a delicious barbecue buffet with wine.

HIGHLIGHTS

- Sail on a catamaran along the island's magnificent Platinum Coast.
- Anchor in a secluded cove and enjoy the onboard comforts.
- Take a refreshing swim in the turquoise sea.
- Snorkel in waters teeming with marine life, including hawksbill turtles.
- Enjoy a barbecue buffet on the return cruise to Bridgetown.

HELPFUL HINTS

- Dress in weather-appropriate clothing with swimwear under a cover-up.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes limited walking. Those who wish to snorkel or swim should be good swimmers and in good physical condition. The tour is not available to wheelchair guests or those with mobility concerns and is not recommended for those who suffer from motion sickness. Guests who participate in water activities do so at their own risk and responsibility. Alcoholic beverages will only be served to those who are 21 years of age or older and only after water activities have concluded. Marine life sightings are not guaranteed. The tour may be altered depending on weather conditions.

BDG-011 ATLANTIS SUBMARINE ADVENTURE

Date: Apr 14, 2025 Time: 09:45 AM

Duration: 2.50 Hrs Price: \$169.00



OVERVIEW

Enjoy incredible underwater views at depths up to 150 feet from the comfort of the Atlantis III submarine. A scenic ferry ride will take you to the submarine, where you will settle in for an adventurous journey into areas

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

that only scuba divers usually see. The submarine's co-pilot will provide narration throughout the cruise and point out the most fascinating marine life. You can expect to view an ever-changing, nonstop parade of tropical fish darting in and out of the coral reefs and gracefully swimming by the submarine. Brightly colored queen angelfish, honeycomb cowfish, glasseye snappers and black durgons are commonly spotted. You might even catch sight of southern stingrays, moray eels and hawksbill turtles. You will also cruise past a shipwreck that adds yet another dimension to the experience.

HIGHLIGHTS

- Ride a ferry along the coast to the awaiting submarine Atlantis III.
- Settle into a seat in front of a large viewing port in the air-conditioned submarine.
- Observe an endless array of marine life as the submarine dives to depths of up to 150 feet.
- Look for large white-spotted eagle rays and hawksbill turtles gracefully swimming by.
- Listen to the co-pilot explain some of the marine creatures' most unusual behavior.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour involves limited walking, but guests must be able to negotiate an 11-step ladder to enter and exit the submarine and use the gangways without assistance. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The minimum height requirement is three feet tall, and the minimum age to participate is four years of age, if accompanied by a parent or adult guardian. This tour may not be exclusive to cruise line guests.

BDG-014 HARRISONS CAVE TRAIL TRAM AND RUM

Date: Apr 14, 2025 Time: 11:00 AM
Duration: 4.50 Hrs Price: \$159.00



OVERVIEW

Become immersed in the natural wonders at Harrison's Cave before settling in for an inspiring tasting at the Mount Gay rum museum. After an introductory film that showcases the beauty of Barbados, you will explore the island's most celebrated underground attraction. You won't have to do much but sit back and enjoy the sights as an electric tram carries you through the subterranean world of Harrison's Cave. You will pass colorfully illuminated stalactites and stalagmites that look like petrified waterfalls, many of them named for their shapes such as the Chapel and the Altar. The area above ground is equally captivating as you will discover by walking a nature trail to an aviary. Barbados is also known for its extraordinary rum, which has been distilled on the island since 1703. You will sample several blends of Mount Gay rum and learn about the company's illustrious heritage at the on-site museum.

HIGHLIGHTS

- Ride through the underground wonder Harrison's Cave in an electric tram.
- Behold bizarrely shaped, beautifully illuminated stalactites and stalagmites.
- Follow a winding trail through a natural setting to an aviary.
- Sample a selection of Mount Gay rums made with water from a centuries-old artisan well.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

BDG-013 HARRISONS CAVE SIGNATURE PARK PASS

Date: Apr 14, 2025 Time: 12:20 PM
Duration: 4.00 Hrs Price: \$119.00



OVERVIEW

Explore a crystallized limestone cave at the heart of an eco-adventure park from several perspectives and come away with a thorough understanding of this natural attraction. Harrison's Cave lies in the island's central uplands and although young in geological terms, the subterranean cave system is well developed. After watching a short film about the island of Barbados, you will board an electric-powered tram and ride through Harrison's Cave, which is named for a settler that owned much of Barbados when it was a British colony. You will see bizarrely shaped stalactites, stalagmites and other calcite deposits that are beautifully illuminated, making them appear even more dramatic. There are even pools, streams and waterfalls within the cave. Back on the surface, you will experience more of the natural world by following a winding trail to an aviary full of tropical birds. Afterwards, you can browse the on-site Mount Gay rum museum.

HIGHLIGHTS

- Ride through the underground wonder Harrison's Cave in an electric tram.
- Behold bizarrely shaped, beautifully illuminated stalactites and stalagmites.
- Follow a winding trail through a natural setting to an aviary.
- Browse the Mount Gay rum museum and watch a film about the island of Barbados.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Roseau, Dominica

DOM-001 DOMINICA'S FAVORITES

Date: Apr 15, 2025 Time: 08:30 AM
Duration: 4.50 Hrs Price: \$99.00



OVERVIEW

Travel to the most popular, must-see attractions in and around Roseau for a remarkably comprehensive look into island life. The journey begins with a scenic drive up Morne Bruce to take in the spectacular views from the lookout, which is named for an 18th-century engineer who designed forts on Dominica. At the botanical garden at the bottom of the hill, you will see exotic trees and imperial amazons, a parrot endemic to the island. More natural beauty awaits you at the twin waterfalls near the village of Trafalgar and later within Trois Pitons, the first national park on Dominica. The park has earned UNESCO World Heritage recognition for its smoking fumaroles, hot springs, volcanoes and extraordinary biodiversity. You will follow a naturalist guide on a short hike through the park's rainforest, which will end at the Emerald Pool. A narrow, 40-foot-high waterfall plunges into the pool, making the jungle scenery all the more spectacular.

HIGHLIGHTS

- Enjoy a magnificent view of Roseau from a 400-foot-high lookout.
- See firsthand why Dominica is called the Nature Isle of the Caribbean.
- Stroll through a botanical garden that is home to parrots only found on Dominica.
- Behold waterfalls cascading over steep cliffs in the dense rainforest.
- Hike through Dominica's first national park, a rugged land of volcanoes and hot springs.

HELPFUL HINTS

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

DOM-002 RIVER TUBING AND EMERALD POOL

Date: Apr 15, 2025 Time: 08:30 AM
Duration: 4.50 Hrs Price: \$129.00



OVERVIEW

Swim in a crystal-clear pool beneath a waterfall and then enjoy an exhilarating river tubing adventure. It won't take long to reach Morne Trois Pitons National Park, a luxuriant tropical forest with precipitous slopes, hot springs, fumaroles that belch volcanic gases and several volcanoes. These geological features are rarely found together, which is why the park has been designated a UNESCO World Heritage site. A short hike through the park will bring you to the shimmering Emerald Pool and the waterfall that forms it. It's an idyllic setting, where you may swim or simply relax along the shore. Afterwards, you will tube down the beautiful Layou River, which has carved a steep gorge through the jungle. You can expect an adrenaline-pumping ride as you maneuver through the rapids, down cascades and into swirling pools, all under the watchful eye and direction of an experienced river guide.

HIGHLIGHTS

- Drive to Dominica's first national park, a rugged land of volcanoes and hot springs.
- Hike a natural trail through the rainforest and on to the Emerald Pool.
- Swim in the waterfall-fed pool or just relax and enjoy the blissful setting.
- Tube down the Layou River, which snakes through the rainforest.
- Follow the guide's direction and expertly ride the river rapids for the ultimate thrill.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit and bring a towel and sunscreen.
- Wear sneakers or water shoes.

PLEASE NOTE

Participants must be able to swim. It is suggested you wear a swimsuit under clothing. The condition of the river will determine the tour operation.

DOM-004 WHALE AND DOLPHIN SAFARI

Date: Apr 15, 2025 Time: 08:30 AM
Duration: 3.50 Hrs Price: \$139.00



OVERVIEW

Gain a deeper understanding of the whales and dolphins that inhabit the surrounding seas by cruising on a boat equipped with hydrophones that allow you to hear them communicate. Dominica is one of the best places in the Caribbean for encounters with cetaceans, the family of marine creatures that includes whales, dolphins and porpoises. While cruising the waters off Dominica, you may spot humpback and sperm whales breaching the water's surface and pods of playful dolphins swimming alongside the boat. It will be thrilling to watch these magnificent marine creatures in their natural environment and just as exciting to listen in on their underwater communication through the onboard hydrophones. You may hear large-toothed sperm whales communicating through clicking sounds and hear dolphins "speak" through clicks and whistles. A guide will be on hand to explain this fascinating aspect of cetacean life and answer other questions you may have about whales and dolphins.

HIGHLIGHTS

- Cruise into the crystalline waters off Dominica to observe whales and dolphins.
- Marvel at the massive size of the whales that breach the water's surface.

- Delight in the antics of the acrobatic dolphins that often swim right next to the boat.
- Hear whales and dolphins communicate through the boat's hydrophones.
- Listen to the naturalist guide explain remarkable aspects of cetacean behavior.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

DOM-006 RIVER TUBING

Date: Apr 15, 2025 Time: 08:30 AM
Duration: 3.00 Hrs Price: \$119.00



OVERVIEW

Float down the Layou River in a comfortable, inflatable tube that will allow you to maximize the experience. The river is the longest in Dominica, the so-called "Land of 365 Rivers," and it eventually empties into the Caribbean Sea. You will tube down a portion that offers a mix of bubbly rapids, swirling eddies and calm pools, all surrounded by stunningly beautiful scenery. After a brief orientation, you will ease into the reliably stable tube and let the river current take you downstream without having to paddle or exert yourself in any way. Simply sit in the center of the circular tube and enjoy. The conditions will change through the adventure, as the river twists, narrows and widens as it meanders through the countryside. You can expect it to be an exhilarating experience that you will not soon forget.

HIGHLIGHTS

- Tube down a scenic section of the longest river in Dominica.
- Enjoy the thrill of riding the rapids as you race downstream.
- Relish the serenity of the calm pools between the stretches of rapids.
- Marvel at the verdant jungle-like foliage that grows right to the water's edge.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing.
- Wear sneakers or water shoes.
- Bring a towel and sunscreen.

PLEASE NOTE

Participants must be able to swim. The condition of the river will determine if the tour operates.

DOM-007 RIVER TUBING AND TRAFALGAR FALLS

Date: Apr 15, 2025 Time: 08:30 AM
Duration: 3.50 Hrs Price: \$129.00



OVERVIEW

Behold the beautiful twin waterfalls near the village of Trafalgar and then tube down the longest river in Dominica. It won't take long to reach Trafalgar Falls, twin waterfalls of varying heights; one is known as the Father Falls, the other is called the Mother Falls. Their source is the Morne Trois Piton River, which flows from the national park of the same name. Your first glimpse of the cascades will be from the top of the waterfalls, after which you will take a delightful walk through ginger plants and vanilla orchids to reach the second lookout. Both viewpoints are spectacular and well worth photographing. The tubing portion of this tour will begin at the Layou River, a waterway that meanders at times and then narrows into bubbling cascades at other points. You can expect the experience to be exhilarating, especially as you run the rapids.

HIGHLIGHTS

- See the twin Trafalgar Falls from two wonderfully scenic vantage points.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

- Learn how tropical storms have altered the falls and exposed warm water pools.
- Tube down a scenic section of the longest river in Dominica.
- Enjoy the thrill of riding the rapids as you race downstream.
- Relish the serenity of the calm pools between the stretches of rapids.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing.
- Wear sneakers or water shoes.
- Bring a towel and sunscreen.

PLEASE NOTE

Participants must be able to swim. The condition of the river will determine if the tour operates.

DOM-010 RAINFOREST JEEP SAFARI

Date: Apr 15, 2025 Time: 08:30 AM

Duration: 3.00 Hrs Price: \$139.00



OVERVIEW

Ride through the idyllic countryside in an open 4x4 Jeep that allows for unobstructed views of the island, often ones that few visitors see. It won't take long to pass through historical Roseau and ascend to the lookout at Morne Bruce for a sweeping view of Dominica's capital. You will also make a brief stop at the nearby botanical gardens, where you may see brightly colored Imperial parrots, an endemic species that has been designated the national bird. More natural beauty awaits you deeper in the island's lush interior at Wotten Waven Sulphur Springs. Remnant volcanic activity well below the earth's surfaces heats the mineral-rich hot springs, which are wonderfully soothing to soak in. A bit farther into the rainforest, you will find Titou Gorge, a deep narrow crease in the land that formed when molten lava cooled centuries ago. You will be free to take an exhilarating swim to the waterfall at the end of the gorge or simply relax with a refreshing beverage in hand.

HIGHLIGHTS

- Drive through the rainforest that blankets Dominica in an open-air 4x4 Jeep.
- Delight in the unobstructed views of the island's natural beauty.
- Stroll through an aromatic botanical garden.
- See steaming, mineral-rich springs heated by geothermal activity.
- Swim through a steep narrow gorge to the base of a picture-perfect waterfall.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing.
- Wear flat comfortable walking shoes.
- Bring a towel and sunscreen.

PLEASE NOTE

This tour includes about two hours of moderate walking, most of it over uneven or natural surfaces with a significant number of steps. The tour is not considered suitable for wheelchair guests or those with mobility concerns. Guests do not drive the jeep.

DOM-020 SULPHUR BATHS THERAPEUTIC HOT POOLS

Date: Apr 15, 2025 Time: 08:30 AM

Duration: 2.00 Hrs Price: \$99.00



OVERVIEW

Ease into a geothermally heated natural pool and reap the benefits of its soothing waters. You will find the hot springs atin Wotten Waven, an inland village in the heart of a mountain rainforest. Remnant volcanic activity well

below the earth's surfaces heats the mineral-rich hot springs, which are wonderfully relaxing to soak in. The detoxifying waters are said to have abundant therapeutic effects, which may include reducing stress, promoting better sleep, boosting blood circulation and naturally relieving pain. The minerals in the water might also alleviate skin problems. Chances are, you will emerge refreshed, rejuvenated and ready to enjoy the remainder of the day in just the right state of mind. Afterwards, you might relax on a shaded bamboo bench, breathe in the fresh mountain air and do nothing more strenuous than listen to the mellifluous sounds of nature from the surrounding jungle.

HIGHLIGHTS

- Relax in the mineral-rich, geothermally heated hot springs.
- Reap the water's therapeutic benefits, which may include stress reduction and pain relief.
- Emerge from the hot springs refreshed and rejuvenated.

HELPFUL HINTS

- Dress in weather-appropriate clothing and bring towel.
- Wear flat comfortable walking shoes.
-

PLEASE NOTE

It is not advisable for guests to stay in the pools for more than one hour. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested.

DOM-021 DOMINICA PANORAMIC DRIVE BY OPEN SAFARI

Date: Apr 15, 2025 Time: 08:30 AM

Duration: 3.50 Hrs Price: \$89.00



OVERVIEW

Settle in for an immensely scenic drive around the southern part of Dominica in an open vehicle that will present the most unobstructed views. You will follow a winding coastal highway through the fishing village of Soufriere, named for the French word for "sulfur," a reference to the natural sulfur springs in the nearby valleys. St. Mark's Catholic Church there was built in the 19th century with volcanic stone and it is one of the most picturesque spots on the island. You will pause for photos and to feel the geothermally heated seawater in the small bath out front. Another panoramic view awaits you at Scott's Head, an elevated finger of land at the very tip of the island, which divides the Caribbean Sea and the Atlantic Ocean. Before returning to Roseau, you will gaze out over the capital from the lookout at Morne Bruce, from which the guide may point out the botanical garden that you will visit next.

HIGHLIGHTS

- Pause at a 19th-century Catholic church in Soufriere, an incredibly photogenic spot.
- Drive to a slender peninsula that divides the Caribbean Sea from the Atlantic Ocean.
- Enjoy a magnificent view of Roseau from the 400-foot-high Morne Bruce lookout.
- Marvel at the flora and fauna that flourish in Roseau's botanical garden.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

Guests can opt to stay on bus. Casual clothing and comfortable, flat walking shoes are suggested.

DOM-022 EASY DOMINICA & RAINFOREST DRIVE

Date: Apr 15, 2025 Time: 08:30 AM

Duration: 3.00 Hrs Price: \$69.00



Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

OVERVIEW

Behold some of the naturally beautiful attractions that reflect Dominica's nickname, "The Nature Isle of the Caribbean." For the ultimate view of the island's capital city Roseau, you will ascend to the lookout at Morne Bruce, from which you can spot the Dominica Botanic Gardens, your next stop. As you wander through this idyllic natural setting, you will see an array of indigenous plants that may include orchids and bromeliads. You will also likely view the twisted remains of a school bus beneath a massive baobab tree that crushed it during Hurricane David in 1979. The gardens are home to Sisserou parrots, which was named Dominica's national bird as it's the only species of parrot found on the island. While the gardens are manmade, nature shaped Hibiscus Falls, which you can easily reach on a brief walk through the rainforest. There, you will snack on fresh fruits and a cool tropical drink.

HIGHLIGHTS

- Enjoy a sweeping view of Roseau and the sea beyond from atop the Morne Bruce lookout.
- Walk through the serene Dominica Botanic Gardens, an urban oasis full of native flora.
- Behold easy-to-reach Hibiscus Falls as it cascades over a precipice in the rainforest.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes minimal walking and is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and tour vessel and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of stamina and ability

DOM-023 ROSEAU HIGHLIGHTS BY TROLLEY TRAIN

Date: Apr 15, 2025 Time: 08:30 AM
Duration: 1.50 Hrs Price: \$59.00



OVERVIEW

Ride through Roseau on a trolley train with wheels and pause on occasion at attractions that lend insight into the history of Dominica's capital, which was built on the site of an ancient Kalinago Indian village. Much of the compact downtown features beautifully restored historical architecture such as the landmark Roseau Cathedral. The train's conductor will offer enlightening commentary on the most noteworthy attractions, including the Roseau River, which flows through town before emptying into the Caribbean Sea. French settlers in the 17th century named the town for the Roseaux reeds that once grew along the riverbank. Of all the natural highlights, the Dominica Botanic Gardens may be the most magnificent. Feel free to stretch your legs there by walking the trails that wind through this urban oasis. Chances are, you will observe a variety of indigenous plants as well as Dominica's national bird, the purple-and-green Sisserou parrot.

HIGHLIGHTS

- Settle into a seat on a trolley train for a leisurely ride through Dominica's capital city.
- Hear enlightening commentary that provides a historical perspective of Roseau.
- Pause for photos at the most noteworthy attractions, including the cathedral.
- Meander through the Dominica Botanical Gardens if you like.

HELPFUL HINTS

- Dress in weather-appropriate clothing.

- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour is primarily panoramic in nature with walking at the guest's discretion during stops. Casual clothing and comfortable, flat walking shoes or aqua socks are suggested. Participants cannot exceed 350 lbs.

DOM-024 WATERFALLS & BEACH

Date: Apr 15, 2025 Time: 08:30 AM, 11:00 AM
Duration: 4.00 Hrs Price: \$99.00



OVERVIEW

An approximate fifteen minute hike through the rainforest, you will encounter the beautiful Twin Falls. For the more adventurous, you can climb a small hill to reach the second white sulphur waterfall, said to be good for your skin. At the Twin Falls you can take a dip in the waterfall pools in a very pristine and beautiful surrounding. Although a relatively short walk, you'll really feel as if you're in the depths of the Dominican Rainforest. From here, continue to Mero Beach, driving through the beautiful Layou Valley. The color of the sand is black, a sign of the volcanic origin of the island. Here you can relax, tan or take a refreshing swim.

PLEASE NOTE

PLEASE NOTE Wear your swimsuit and bring a towel. Wear your swimsuit and bring a towel. The terrain is flat short 30 meters walk to the view point. There is an optional 60 steps for those who want to go down the the waterfall pool. It is a black volcanic beach. A beach chair and a complimentary drinks is included.

DOM-025 JACO FALLS & CARIB INDIANS

Date: Apr 15, 2025 Time: 10:00 AM
Duration: 5.50 Hrs Price: \$159.00



OVERVIEW

Behold the island's breathtaking natural wonders and gain an understanding of the indigenous Caribs by visiting their cultural community in the rainforest. For a glimpse into why Dominica is nicknamed "The Nature Isle of the Caribbean," you will ascend to the lookout at Morne Bruce, from which you will view the gorgeous seascape and the Dominica Botanic Gardens, your next stop. As you wander through this idyllic oasis you will see an array of exotic flora and perhaps Sisserou parrots, Dominica's national bird. A gorgeous drive through the island's interior will bring you to Jaco Falls for a refreshing swim and to enjoy the serenity of the tropical setting. The Caribs have lived on Dominica for thousands of years and by witnessing their dances, songs and cuisine at Eco Village you will come away with a deep respect for their way of life. Visiting the island's sole remaining Carib territory will enhance the experience.

HIGHLIGHTS

- Enjoy the magnificent views from the 400-foot-high Morne Bruce lookout.
- Marvel at the flora and fauna that flourish in Roseau's botanical garden.
- Behold Dominica's natural beauty at Jaco Falls in the heart of the rainforest.
- Enjoy a folkloric performance and lunch at an indigenous Carib cultural community.
- See the last Carib territory on the island, where the Caribs have lived since 3000 B.C.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Gustavia, St. Barts

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion


Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

SBH-001 INTIMATE ISLAND TOUR

Date: Apr 16, 2025 **Time:** 08:00 AM, 09:15 AM, 10:30 AM, 11:45 AM, 01:00 PM, 02:15 PM 
Duration: 1.00 Hrs **Price:** \$169.00

OVERVIEW

Spend a delightful hour on a panoramic tour of St. Barts and come away with an excellent overview of the island, which is an overseas collectivity of France. You will hit many of the architectural high points, including the Eden Rock – a luxurious hotel that has hosted the likes of Greta Garbo and Howard Hughes and the white cross below Fort Gustave that depicts the crucifixion. Still, it is the natural beauty of St. Barts that is most captivating. Although the island is renowned for being wonderfully rugged and hilly, you will see one of the rare flat areas that incoming airplanes barely clear to land on the short runway that ends at the water’s edge. While driving along the circuitous coastal road, you will gaze out over lovely Marigot Beach and pass the village of Lorient, which exudes an air of elegance.

HIGHLIGHTS

- Settle in for a panoramic drive that offers an excellent introduction to St. Barts.
- See the Eden Rock – the island’s oldest hotel.
- Behold the island’s natural beauty while driving along winding coastal roads.
- Pass the seaside village of Lorient on the island’s northern shore.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This excursion by mini-van taxis is an orientation drive of the island and does not include separate guides. The drivers speak some English with a heavy French-West Indian accent. They are not guides and their descriptions of the island are very limited or non-existent. Restrooms are available at the pier and not during the tour. Possible to add a foldable wheelchair on the back of some Minivans (on notice in advance). Guest has to be able to embark & Disembark Minivans (2 steps) Tour itinerary may be changed upon traffic or road construction

SBH-008 ST. BARTS SAILING ADVENTURE

Date: Apr 16, 2025 **Time:** 08:00 AM 
Duration: 2.50 Hrs **Price:** \$179.00

OVERVIEW

Take in the gorgeous views of St. Barts while sailing a spacious 45-foot catamaran to an idyllic beach near the island’s northwestern tip, where you will be free to relax as you please. Along the way, you will pass landmarks such as Gustavia Lighthouse, although most of the coast is uninhabited and blanketed by tropical vegetation. The closer you come to Colombier Beach, the more remote it will feel as this sheltered stretch of sand is only accessible by boat or by hiking a fairly lengthy trail. The crescent-shaped bay is also known as Rockefeller Bay as David Rockefeller once owned the villa there. The water couldn’t be more pristine as it contains a protected marine sanctuary teeming with colorful fish and sea turtles. You will be welcome to swim in the typically calm waters, stroll along the shore or simply sunbathe with a refreshing rum punch in hand before sailing back.

HIGHLIGHTS

- Sail to and from isolated Colombier Beach on a spacious catamaran.
- Admire the island’s natural beauty as much of the coast is wild and undeveloped.
- Relax as you please on the crescent-shaped beach, which a pristine

bay rims.


HELPFUL HINTS

- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat, comfortable walking shoes.

PLEASE NOTE

Take in the gorgeous views of St. Barts while sailing a spacious 45-foot catamaran to an idyllic beach near the island’s northwestern tip, where you will be free to relax as you please. Along the way, you will pass landmarks such as Gustavia Lighthouse, although most of the coast is uninhabited and blanketed by tropical vegetation. The closer you come to Colombier Beach, the more remote it will feel as this sheltered stretch of sand is only accessible by boat or by hiking a fairly lengthy trail. The crescent-shaped bay is also known as Rockefeller Bay as David Rockefeller once owned the villa there. The water couldn’t be more pristine as it contains a protected marine sanctuary teeming with colorful fish and sea turtles. You will be welcome to swim in the typically calm waters, stroll along the shore or simply sunbathe with a refreshing rum punch in hand before sailing back.

SBH-015 ST BARTH'S PANORAMIC TOUR

Date: Apr 16, 2025 **Time:** 08:00 AM, 09:45 AM, 11:30 AM 
Duration: 1.50 Hrs **Price:** \$179.00

OVERVIEW

OVERVIEW Settle in for an immensely scenic drive around tiny St Barts, concentrating on the northern coast, home to some of the island’s most stunningly beautiful beaches and villages. After a jaunt across the hilly interior, you will arrive at Saint-Jean Bay, a crescent-shaped body of water that is renowned for wind-surfing. As you continue along the shore, you will gaze out over one magnificent stretch of sand after another, behind which the green hills are dotted with gorgeous typically red-roofed homes. The island is an overseas collectivity of France and exudes luxury and an inescapable joie de vivre that is especially apparent in seaside villages such as Lorient. The beach there is different than most others on the island as it features small coral-enclosed natural pools that are ideal for swimming. You will also pass Marigot Beach along a hillside coastal road that will offer sweeping views of the cove.

HIGHLIGHTS

- Gaze out over St Barts’ stunningly beautiful northern shore on a panoramic drive.
- View superyachts and probably windsurfers in crescent-shaped Saint-Jean Bay.
- Pass the seaside village of Lorient, which exudes an air of luxury.


HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Tour sequence may vary. Guests who miss the return transportation will be responsible for getting back to the ship. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

SBH-009 YELLOW SEMI-SUB EXPLORATION

Date: Apr 16, 2025 **Time:** 08:30 AM 
Duration: 1.00 Hrs **Price:** \$99.00


OVERVIEW

Admire the bountiful marine life and coastal beauty of St. Barts from inside


 Minimal activity


 Moderate activity

 Oceania Exclusive

 Beyond Blueprints

 Go Green


 Easy activity


 Strenuous activity

 Oceania Select

 Culinary Discovery

 Go Local

 Evening excursion

 Meal included

 ADA Accessible

 Food & Wine Trails

 Wellness Tour

a modern semi-submersible vessel and on deck, where you can enjoy the sea breezes as well. While cruising toward the entrance of Gustavia harbor, you can expect to see green sea turtles gracefully swimming by and the wreck of the Marignan. Now an artificial reef teeming with brightly colored tropical fish, the fishing boat sunk in 1995 during Hurricane Luis. More spectacular underwater sights await you as the semi-submersible heads into St. Barths' Marine Reserve. Angelfish, sergeant majors, spotted moray eels and tarpon are just a few of the creatures that inhabit the reserve's protected reefs. On the approach to a group of three rocky islands known as The Saints, the crew will attract even more fish by feeding them. It will be quite the spectacle, especially if sharks join the frenzy.

HIGHLIGHTS

- Cruise in and around Gustavia harbor in a semi-submersible vessel.
- Observe the underwater world through the large viewing windows down below.
- Take in the gorgeous scenery out on deck, if you prefer.
- Pass over a shipwreck and coral reefs teeming with marine life.
- Watch the feeding frenzy as the crew tosses fish food into the water.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

There are very steep stairs to negotiate to enter and exit the submersible; therefore, this tour is not suitable for wheelchair guests. Those with mobility concerns should evaluate their stamina and ability before joining the tour. The vessel may not be exclusive to guests of your cruise ship. The itinerary may change depending upon weather conditions, general safety or other reasons as determined by the captain.

SBH-016 RESORT DAY

Date: Apr 16, 2025 Time: 08:30 AM
Duration: 6.00 Hrs Price: \$349.00



OVERVIEW

OVERVIEW Luxuriate at a boutique resort overlooking one of the island's most beautiful beaches and enjoy a delightful lunch in the exquisitely serene setting. It won't take long to reach the Hotel Manapany, which will give you all the more time to relax there. The resort overlooks Anse des Cayes, a sheltered cove with turquoise waters that are ideal for swimming. The two swimming pools are equally inviting. Feel free to bask in the sun, lie in the shade under a coconut palm, stroll along the shore and do most anything else that brings you pleasure. It will be comforting to know that the resort has achieved a Green Key certification for being eco-friendly. Solar panels supply electricity, desalination produces the water and the organic ingredients for your lunch are grown on the property. Designed with natural materials and decorated with artisanal furnishings, Hotel Manapany genuinely reflects the spirit of the island.

HIGHLIGHTS

- Relax however you please in the exquisite setting of the beachfront Hotel Manapany.
- Swim in the sea and resort pools, stretch out on the beach and completely relax.
- Enjoy a two-course lunch prepared with organic ingredients grown on the premises.
- Take comfort in knowing that the resort is Green Key-certified for being eco-friendly.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Beach is windy and rocky, swimming depends on weather conditions during the cruise ship call. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended.

SBH-020 SAILING AND SNORKELING IN ST. BARTS

Date: Apr 16, 2025 Time: 08:30 AM, 12:30 PM
Duration: 3.75 Hrs Price: \$339.00



OVERVIEW

OVERVIEW Sail along the western shore of St Barts on a catamaran and then snorkel in the turquoise waters just off shore. All that is required of you is to sit back and relax as the catamaran heads up the leeward coast toward Colombier Bay, which lies within the island's natural marine reserve. No roads lead to the bay and that relative seclusion ensures a pristine environment for the abundant marine life. Once the catamaran anchors, you will be free to snorkel or stay onboard and just enjoy the natural beauty. Snorkelers may spot brightly colored butterflyfish, schools of grunts and French angelfish, a thin disc-shaped fish that often travels in pairs. Sea turtles tend to congregate in the beds of seagrass and it is quite the thrill to watch one gracefully swim by. The large uninhabited island that you will see a bit farther north is Ile Fourchue.

HIGHLIGHTS

- Cruise along the beautiful leeward coast of St Barts on a catamaran.
- Enjoy the spectacular tropical views, especially in the island's natural marine reserve.
- Snorkel in the crystal-clear waters or stay onboard the catamaran and simply relax.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Tour sequence may vary. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

SBH-002 ST BARTS SNORKELING

Date: Apr 16, 2025 Time: 08:45 AM
Duration: 1.50 Hrs Price: \$89.00



OVERVIEW

Race across Gustavia Harbor in an open-air boat for a snorkeling adventure that will be just as thrilling as the ride there. The captain will assess the weather and water conditions for the best spot to anchor, but chances are it will be just outside the harbor to maximize your snorkeling time. The waters there are crystal-clear and teeming with reef fish. You may spot brilliantly colored angelfish, large groupers and schools of queen triggerfish. One of the most curious-looking species is the four-eye butterflyfish, which is named for the two dark spots – or false eyes – on the sides of its tail, which are meant to confuse predators. You might also see green sea turtles gracefully swimming by and feeding on seagrass and algae on the reef. They are noteworthy as being the largest of all sea turtles and the only ones that are herbivores.

HIGHLIGHTS

- Take an exhilarating ride across the harbor in an open-air boat.
- Snorkel in the crystal-clear waters at a reef teeming with fish and other marine life.

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

- Watch for green sea turtles, an endangered but relatively abundant species.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear a swimsuit and bring a towel.
- Wear flat, comfortable walking shoes.

PLEASE NOTE

This tour includes a moderate amount of activity and access on and off the boat can be challenging. Getting back onboard requires the use of a parrot ladder of 6 steps. Participants should be good swimmers and MUST be in good physical condition to get on and off the boat. The tour is not available to wheelchair guests or those with mobility concerns and may not be suitable for those with back or neck problems. Please wear your bathing suit on the tour as there is no changing room or restroom available on the boat. Bring a towel, hat and sunglasses. Snorkeling equipment will be provided. Those who take part in any water activities do so at their own risk and responsibility. The crew are not dive or snorkel certified. Guest participating in any water activities do so at their own risk & responsibility, and may be required to sign liability waiver.

SBH-017 A HEAVENLY DAY IN ST BARTS

Date: Apr 16, 2025 Time: 09:00 AM
Duration: 6.00 Hrs Price: \$499.00



OVERVIEW

OVERVIEW Indulge in a blissful massage and an inspiring lunch at Villa Marie, a ultra-luxe colonial-style resort that overlooks Flamands Bay. It will just take minutes to get there, during which you will likely feel a great sense of serenity because the hillside setting is so peaceful. With the sparkling bay below and the main swimming pool nestled among the beachside palm trees, Villa Marie exudes a tropical tranquility that has become synonymous with St Barts. It will be especially easy to relax during the massage, which could well be a transformative experience. The resort's founder created the spa treatments herself, drawing on soothing botanicals such as edelweiss. You might also spend time exploring the lush gardens that surround the resort. Lunch will be a two-course affair that reflects the cuisine of Provence but with a decidedly Caribbean flair.

HIGHLIGHTS

- Spend hours enjoying the amenities of a chic resort overlooking Flamands Bay.
- Enjoy a wonderfully relaxing massage that will put you in just the right state of mind.
- Savor a two-course lunch influenced by the cuisines of Provence and the Caribbean.
- Do most anything you please for hours on end without a care in the world.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Tour sequence may vary. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

SBH-019 YOGA AND ISLAND SIGHTS

Date: Apr 16, 2025 Time: 09:00 AM
Duration: 2.50 Hrs Price: \$349.00



OVERVIEW

OVERVIEW Practice yoga with a wellness therapist at a resort revered for its idyllic setting. The leisurely ride there should put you in just the right state of mind to make the most of the yoga class. After all, St Barts is spectacularly scenic and the tropical ambiance is wonderfully soothing. The instructor will lead you through a number of asanas or positions to help you further relax, achieve a level of inner peace and increase your positive energy. It could be a transformative experience. You will also learn controlled breathing techniques, which in turn will quiet your mind. Chances are, you will feel tensions release and awareness increase as you gently transition from one yoga pose to another. The benefits of yoga include better flexibility, greater muscle tone and improved mental clarity. The return drive will be just as refreshing as you will pass some of the island's most beautiful areas.

HIGHLIGHTS

- Enjoy a yoga class in hopes of attaining a higher level of enlightenment.
- Follow the instructor through a series of asanas or positions intended to help you relax.
- Maintain your feeling of serenity while driving back through the gorgeous countryside.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Tour sequence may vary. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

SBH-024 BEACH DAY IN LUXURY

Date: Apr 16, 2025 Time: 09:00 AM
Duration: 6.00 Hrs Price: \$529.00



OVERVIEW

OVERVIEW Spend hours luxuriating at Le Barthélemy Hotel & Spa, a beachfront resort with a Parisian pedigree and a carefree Caribbean ambiance. The leisurely drive there, past idyllic Lorient and Saint-Jean beaches, will put you in just the right mood to totally relax at the resort. Where and how you unwind will be completely at your discretion. If you wish to head straight for the beach, feel free. Our beautiful stretch of sand rims the Anse de Grande Cul-de-Sac, a sheltered bay whose waters are typically calm. Bask in the sun, lie in the shade, take a refreshing swim and do most anything else that brings you pleasure. You are also welcome to ease into a lounge chair by the infinity pool if that is your preference. A three-course plated lunch from an inspiring à la carte menu that the island's first Michelin-starred executive chef created is also included, making the experience more memorable.

HIGHLIGHTS

- Relax as you please at the luxurious beachfront Le Barthélemy Hotel & Spa.
- Swim in the sea and in the resort's infinity pool that is just steps away.
- Enjoy a three-course lunch from a menu created by the resort's Michelin-starred chef.
- Luxuriate in the hotel's French-influenced and wonderfully Caribbean ambiance.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE Beach chairs, umbrella and beach towels will be provided

Minimal activity	Moderate activity	OE Oceania Exclusive	BB Beyond Blueprints	GG Go Green
Easy activity	Strenuous activity	OS Oceania Select	CD Culinary Discovery	GL Go Local
Evening excursion	Meal included	ADA Accessible	FW Food & Wine Trails	WT Wellness Tour

by the hotel. Guests will be allowed to access to watersport for free (snorkeling gears, Stand Up Paddles & kayaks) upon availability. Weather appropriate clothing; sunglasses, swimsuit, and flat comfortable walking shoes are recommended.

SBH-027 OS-COCO ISLAND JET SKI TOUR (PER JET SKI; 2PAX)

Date: Apr 16, 2025 Time: 09:45 AM, 12:45 PM

Duration: 2.00 Hrs Price: \$429.00



OVERVIEW

Race through the sparkling waters off Gustavia on a jet ski and head to Coco Island, where you will pause for a refreshing swim in the sea. After a briefing to ensure that you maximize the experience, you will hop on a two-person jet ski for an exhilarating ride to the island, which lies off the southern shore of St. Barts. You can take the helm of the jet ski, ride along as a passenger or switch positions when convenient. Regardless, it will be a thrill the entire time as you will zip past some of the most beautiful spots along the coast. You will pass Shell Beach – which is tucked into a tiny bay in the shadow of Gustavia – the isolated beach Gouverneur and Salines Beach, the last stretch of sand that you will see before turning south for Coco Island. Few places are more ideal for a dip in the sea.

HIGHLIGHTS

- Jet ski to and from Coco Island, a slice of paradise that lies south of St. Barts.
- Experience the thrill riding a high-powered jet ski, whether as captain or the passenger.
- Pass some of the most gorgeous beaches along southern coast of St. Barts.
- Swim off Coco Island before racing back to Gustavia on the jet ski.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

PLEASE NOTE

Guests must be a minimum of 16 years old in order to participate. Jet-ski ride requires good physical condition: it is not recommended for guests with physical limitations and it is not wheelchair accessible. It's recommended that guests bring a swimsuit, cover up, sunscreen and a towel. Life jackets (mandatory for swimming) & Glasses for Jet-ski will be provided by instructors. As you will get wet on this excursion, any electronic devices (such as cell phones, cameras, etc.), as well as any valuable items must be stored in a sealable, waterproof dry bag or left on basket provided by instructors and stored at watersport. Any damage occurring to these items is the responsibility of the guests. Alcoholic beverages should not be consumed prior to taking part in any water activities. Guests will have to sign a waiver before tour starts.

SBH-028 OS-CHAMPAGNE & WINE TASTING BY BARONS DE ROTHSCHILD

Date: Apr 16, 2025 Time: 11:00 AM, 01:30 PM

Duration: 2.50 Hrs Price: \$349.00



OVERVIEW

Enjoy a leisurely walk through the atmospheric streets of Gustavia on the way to the Lounge Barons de Rothschild, an exclusive wine cellar where you will enjoy a tasting of beverages directly sourced from the Rothschild family châteaux. Although the Rothschilds have been associated with St. Barts since the 1960s, it wasn't until the past decade or so that their namesake lounge opened downtown. In this chic and elegant haven, you will sample several of the finest Barons de Rothschild champagnes and wines, as well as farm-fresh cheeses and honeys that boast the Barons de Rothschild Protected Designation of Origin label. You will likely be

offered a Blanc de Blancs champagne, a rosé champagne and two inspiring red wines of different vintages that are blends of Cabernet Sauvignon, Merlot, Cabernet Franc and Petit Verdot. The lounge is tastefully appointed with comfortable leather sofas that will make the experience all the more enjoyable.

HIGHLIGHTS

- Sample champagnes, wines and other products from the Rothschild family châteaux.
- Enjoy products that have all earned Protected Designation of Origin labels.
- Appreciate the elegant ambiance of the Lounge Barons de Rothschild wine cellar.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

PLEASE NOTE

Guests must be able to walk around 10 minutes from tenders and must be Minimum 18 years old to consume alcohol. Wine & Champagne from barons de Rothschild can be purchased directly to the lounge

SBH-018 SIGHTS AND CARIBBEAN TASTES WITH A LOCAL TOP CHEF

Date: Apr 16, 2025 Time: 11:30 AM

Duration: 3.00 Hrs Price: \$399.00



OVERVIEW

OVERVIEW Savor an extraordinary three-course meal at a waterfront restaurant in Le Sereno, an iconic hotel on a private beach that rims the bay Grand Cul De Sac. A panoramic drive around St Barts will set the stage for your dining experience as you will pass one gorgeous locale after another. The road that hugs the coast is particularly spectacular as it presents sweeping views of the brilliant blue Caribbean Sea. Al Mare, the casually sophisticated restaurant within the hotel, may be even more memorable as it sits right on the beach and features an open-air concept takes full advantage of the dramatic surroundings. The dishes will delightfully blend Italian, French and Caribbean cuisines and be thoughtfully paired with fine wines. A dedicated concierge will describe each course before it is served to enhance your understanding of the ingredients and the inventive techniques used to prepare it.

HIGHLIGHTS

- Dine on an exquisite three-course meal at the exclusive waterfront hotel Le Sereno.
- Savor a selection of wines thoughtfully paired with each course.
- Gain insight into each course as the concierge describes its ingredients and preparation.
- Admire the natural beauty of St Barts during a panoramic drive.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Tour sequence may vary. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

SBH-023 BEST OF ST BARTS AND PICNIC BREAK

Date: Apr 16, 2025 Time: 12:00 PM

Duration: 3.50 Hrs Price: \$319.00



OVERVIEW

Minimal activity

Moderate activity

Oceania Exclusive

Beyond Blueprints

Go Green

Easy activity

Strenuous activity

Oceania Select

Culinary Discovery

Go Local

Evening excursion

Meal included

ADA Accessible

Food & Wine Trails

Wellness Tour

OVERVIEW Relax while picnicking at a beachfront resort and enjoy a panoramic drive around the island that highlights the most naturally beautiful areas. While dining al fresco, you will hear the waves lapping at the shore and feel a gentle tropical breeze that will make the experience all the more enjoyable. The resort is committed to being sustainable to ensure that the setting remains as beautiful and environmentally sound as possible. Following the picnic, you will travel along the coast and into the island's interior to see St Barts' spectacularly beautiful countryside. White beaches rim the coast, rocky cliffs are the predominant feature elsewhere and picture-perfect villages dot the hills overlooking the sea. Commentary along the way will describe the attractions, including the village of Lorient, which was one of the first areas settled on St. Barts. Lorient is known for the small coral-enclosed pools just offshore that seawater constantly refreshes.

HIGHLIGHTS

- Enjoy a relaxing picnic overlooking the beach at a waterfront resort.
- See the natural beauty of St Barts on a panoramic driving tour around the island.
- Hear commentary that describes the most fascinating aspects off the attractions.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

PLEASE NOTE: Tour not recommended for guests in wheelchairs or others with limited mobility since vehicles are not wheelchair accessible. Tour sequence may vary. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

Executive Collection

PRIVATE CAR, VAN OR MINIBUS PROGRAMS

Design your own private shore excursion - This exclusive arrangement allows you the chance to customize your time ashore and discover the most interesting sights in the comfort and privacy of your own vehicle. With your private vehicle and the personalized attention of your driver and English-speaking guide, you will have the flexibility and independence to design your itinerary ashore according to your own interests and sightsee at your own pace. See the most famous sights or go beyond to create your own intimate connections and unique cultural encounters.

The Executive Collection is recommended for the single or solo traveler, couples, family, friends, and special interest groups traveling together. It can also be an excellent choice for physically challenged guests.

- Travel in a private vehicle reserved for your party only.
- Follow your own itinerary and visit only attractions you choose.
- Proceed at whatever pace is most comfortable.
- Rely on your personal driver and guide for assistance.
- Pricing shown below is per vehicle.

PLEASE NOTE

Private cars/vans/minibuses are ordered per vehicle (not per person), and only one person in the party need order the vehicle. The price shown is the total cost for the vehicle, driver and English-speaking guide. Kindly note, however, that in certain ports only a driver/guide will be assigned (one person), due to limited availability. Entrance fees are not included in this price, in order to provide you with the most flexibility. In many ports, the number of vehicles available is extremely

Half-day private tours must depart between 8:00 - 9:00 am, or after 1:00 p.m. Upon embarkation, please consult the Destination Manager on board to discuss your itinerary requirements and set your departure time.

BRIDGETOWN, BARBADOS

BGI-C04	Executive Collection Half day private CAR	Date: Apr 14,2025	Duration: 4.00 Hrs	Capacity: 2 guests	Price \$559
BGI-C08	Executive Collection Full day private CAR	Date: Apr 14,2025	Duration: 8.00 Hrs	Capacity: 2 guests	Price \$899
BGI-V04	Executive Collection Half day private VAN	Date: Apr 14,2025	Duration: 4.00 Hrs	Capacity: 0 guests	Price \$899
BGI-V08	Executive Collection Full day private VAN	Date: Apr 14,2025	Duration: 8.00 Hrs	Capacity: 8 guests	Price \$1,399

Minimal activity	Moderate activity	Oceania Exclusive	Beyond Blueprints	Go Green
Easy activity	Strenuous activity	Oceania Select	Culinary Discovery	Go Local
Evening excursion	Meal included	ADA Accessible	Food & Wine Trails	Wellness Tour

General Information

WHAT'S INCLUDED

Transportation - Licensed and insured late-model coaches, mini-vans, automobiles, watercraft and other modes of transportation are utilized.

Guides - Licensed, English-speaking local guides accompany all tours.

Admission Fees - Shore excursions include all required admission fees, where applicable.

Meals & Refreshments - Meals and/or refreshments are included only when indicated in the shore excursion description.

CANCELLATIONS & REFUNDS

- Shore excursions operate rain or shine.
- Minimum participation levels are required to operate shore excursions, so please sign up as early as possible. Excursions may be cancelled if minimum participation levels are not met. To ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance.
- Shore excursion packages are fully refundable prior to embarkation of your cruise. Packages cancelled after embarkation will incur a 100% cancellation fee.
- À la carte excursions are fully refundable until 36 hours in advance of the excursion. Excursions cancelled less than 36 hours in advance will incur a 100% cancellation fee.
- In the event of a port cancellation, guests who have purchased a shore excursion package will receive a pro rata refund for that port based on the price paid. Guests who have purchased an à la carte excursion for a cancelled port will receive a full refund.
- For guests with the Your World Collection, no refunds or credits will be given if the excursion is not taken, unless the excursion is cancelled by Oceania Cruises.

PRICES, ITINERARIES & GENERAL INFORMATION

- All pre-reserved shore excursions receive priority confirmation over those booked on board.
- In order to receive maximum pre-cruise savings, you may pre-purchase shore excursions up until 7 days prior to your sail date.
- The discount of 25% off à la carte excursion prices that is offered with the Your World Collection is subject to a minimum number of excursions that must be purchased. This minimum is based on the number of port days on your cruise.
- Shore excursion prices are subject to change to meet unexpected cost increases or currency fluctuations. Once excursions have been purchased, pricing is guaranteed and not subject to change.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments in the shore excursion itinerary will be made to minimize inconvenience to guests.
- Some shore excursions have limited availability; reserve your excursions early to avoid disappointment.
- Oceania Cruises reserves the right to require guests to complete a liability waiver for select shore excursions. For more information, please consult the Destination Services Desk on board.

PLEASE NOTE

While the greatest care has been taken to offer the finest services available, Oceania Cruises will not be held responsible for any event or omission during the time that guests are not on board the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodations, ground transfers and shore excursions, are made by Oceania Cruises with the suppliers of the services for the convenience of our guests. Each guest agrees not to hold Oceania Cruises, its owners, employees, agents or representatives liable, in the absence of its own negligence, for any loss, injury, expense or damage which results directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component or any other option that is available for purchase. Arrangements with independent contractors include but are not limited to services, products and transportation provided elsewhere than on board an Oceania Cruises vessel in connection with tours, whether arranged or organized by tour operators, travel agents or Oceania Cruises. Tours, including hotel accommodations and transportation by any vessel not owned or operated by Oceania Cruises or by air, rail or land, are not under the supervision and control of Oceania Cruises. Notwithstanding that Oceania Cruises, at the guest's option, arranges air transportation, hotel accommodations, group transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Oceania Cruises, being a "for profit entity," earns a fee on the sale of the optional services.

All Oceania Cruises shore excursion fares are per person, are subject to change and are subject to availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Oceania Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion descriptions and information are subject to change without notice at Oceania Cruises' discretion. Oceania Cruises is not responsible or liable for typographical errors, omissions or misprints.

 Minimal activity

 Moderate activity

 Oceania Exclusive

 Beyond Blueprints

 Go Green

 Easy activity


 Strenuous activity

 Oceania Select

 Culinary Discovery

 Go Local

 Evening excursion

 Meal included

 ADA Accessible

 Food & Wine Trails

 Wellness Tour